

## DAYBREAK DIGITAL WATCH



## Setting the normal time and date

- Press SET twice to enter time and date setting mode.
- Press MODE to adjust the MONTH.
- Press SET to advance to DAY, press MODE to adjust the DAY.
- Press SET to advance to HOUR, press MODE to adjust the HOUR.
- Press SET to advance to MINUTES, press MODE to adjust the MINUTES.
- Press SET to finish setting.

## **Normal operation**

- Press START/STOP to set the minutes.
- Press MODE the hour will be flashing, press START/STOP to set the hour.
- Press LAP/RESET to finish setting.