



# fitbit flyer™



User Manual  
Version 1.1

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# Getting started

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Welcome to Fitbit Flyer, the wireless headphones designed for workouts which pack crisp sound and powerful bass into a comfortable, sweat-proof, and secure design. Take a moment to review our safety information at <http://www.fitbit.com/safety>.

## What's included

Your Flyer box includes:



## What's in this document

We get you started by connecting Flyer with an audio device. After customizing the headphones to find the best fit, you'll be ready to listen to audio and receive phone calls.

Next, we explain how to adjust your settings, connect an additional device, and get the most out of Flyer. To find more information, tips, and troubleshooting, please browse our comprehensive articles at [help.fitbit.com](http://help.fitbit.com).

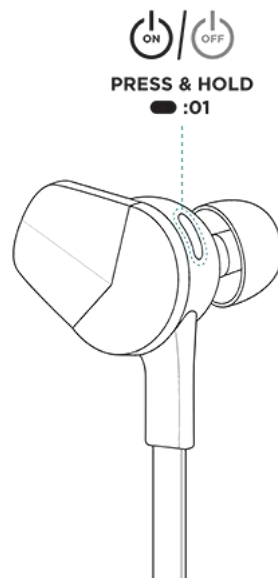
# Setting up Fitbit Flyer

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You must connect Flyer to a Bluetooth®-enabled device. After connecting Flyer, you'll be able to play audio and receive phone calls through your headphones.

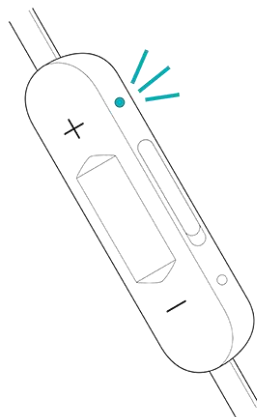
## Powering on

To power on Flyer, press and hold the Power button until the LED lights up. If Flyer does not turn on, it may need to be charged first. For instructions, see [Charging Flyer](#).



## Connecting to devices

To pair Flyer to a device, you must put the headphones in pairing mode, indicated by a pulsing blue light.



The first time you turn on Flyer, it will automatically be in pairing mode, and you can skip to step 2.

To pair Flyer to a new device:

1. Press and hold the Power button for 4 seconds when turning on Flyer, and wait until the LED pulses blue. If you release the Power button before Flyer is in pairing mode, Flyer turns on, but won't pair to your device. If Flyer doesn't enter pairing mode, turn it off by holding the power button for 1 second, and try this step again.
2. Open the Bluetooth menu on your device and select Flyer. You'll hear an audio notification through the headphones letting you know Flyer and your device are paired.

When you pair Flyer to a new device, it is stored in Flyer's memory. Flyer automatically attempts to connect to this device if it's nearby the headphones when you turn them on. Flyer can store up to 8 Bluetooth-enabled devices, such as phones, tablets, and smartwatches. If Flyer already has 8 devices in its memory and you pair a new device, it forgets the first device you paired.

Of these devices in Flyer's memory, it can connect to 2 of them at the same time. This means you can listen to audio or receive phone calls from either connected device. When you turn on Flyer, the audio notification tells you how many devices are currently connected. The device and Flyer must be nearby each other to connect. Note that you can only listen to audio from 1 device at a time. To switch between 2 connected devices, pause the audio on your first device, and then play the audio on your second device. For more information about connecting Flyer to your devices, as well as troubleshooting tips, see [help.fitbit.com](https://help.fitbit.com).

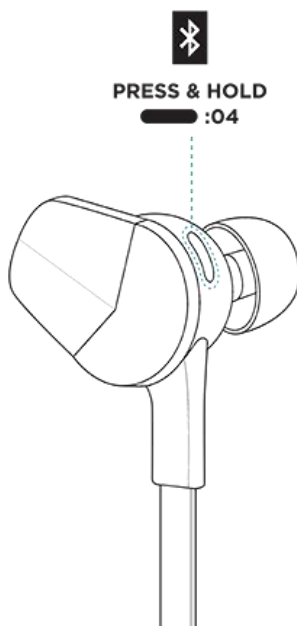
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**NOTE:** If Flyer is connected to 2 devices, you can manually switch between them by opening the Bluetooth menu on the device you want to use and selecting Flyer from the list of connected devices.

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## Connecting to Fitbit Ionic

If you own a Fitbit Ionic watch, pair Flyer to listen to audio such as music, audiobooks, and podcasts. To pair Flyer, press and hold the Power button for 4 seconds when turning on the headphones, and wait until the LED pulses blue, which indicates Flyer is in pairing mode.



To pair Flyer to Ionic:

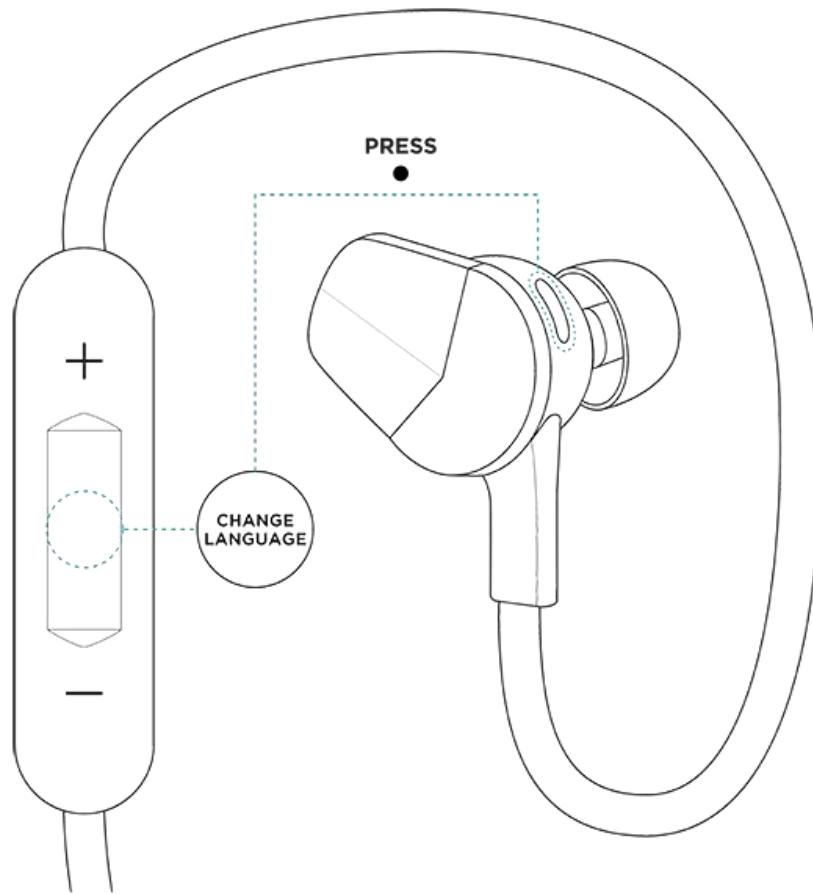
1. On Ionic, open the **Settings** app.
2. Tap **Bluetooth**.
3. Tap **+ New Device**.
4. When Ionic finds Flyer, tap **Flyer** on the screen to pair the headphones to Ionic. When pairing is complete, a green checkmark appears on Ionic's screen and an audio notification plays through Flyer.

In the future, Flyer automatically attempts to connect to Ionic if it's nearby the headphones when you turn them on. To allow the two devices to connect, turn on Ionic's screen to wake it up. For more information about connecting Flyer to Ionic, including troubleshooting tips, see [help.fitbit.com](https://help.fitbit.com).

## Changing the language

Flyer provides voice prompts for various notifications such as powering on and off, the current battery level, and how many devices the headphones are currently connected to. Flyer defaults to English; to change the language of these prompts, press the Power button and the Select button at the same time. Press the same 2 buttons again to switch to the next language.





Language selection is only available while your audio is paused and you are not on a phone call. The supported languages, in order, are:

1. English
2. French
3. Italian
4. German
5. Spanish
6. Chinese
7. Korean
8. Japanese
9. No language (tones only)

# Customizing your fit

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Flyer comes with ear tips, wings, and fins. Attach the ear tips and either wings or fins before inserting the headphones into your ears to ensure a secure, comfortable fit.

## Choosing ear tips

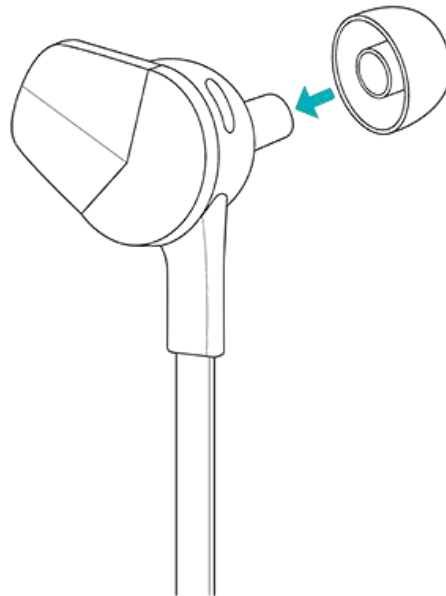
For optimal comfort and sound quality, you should select an ear tip that fits snugly in your ear canal. Flyer comes with 3 sizes (small, medium, and large) of ear tips; we recommend trying all 3 options to see which size works best for you. Choose the ear tip that seals the headphones with your ear canal to reduce outside noise and provides the best overall sound quality.

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**NOTE:** You may want to choose a different sized ear tip for your right and left ears.

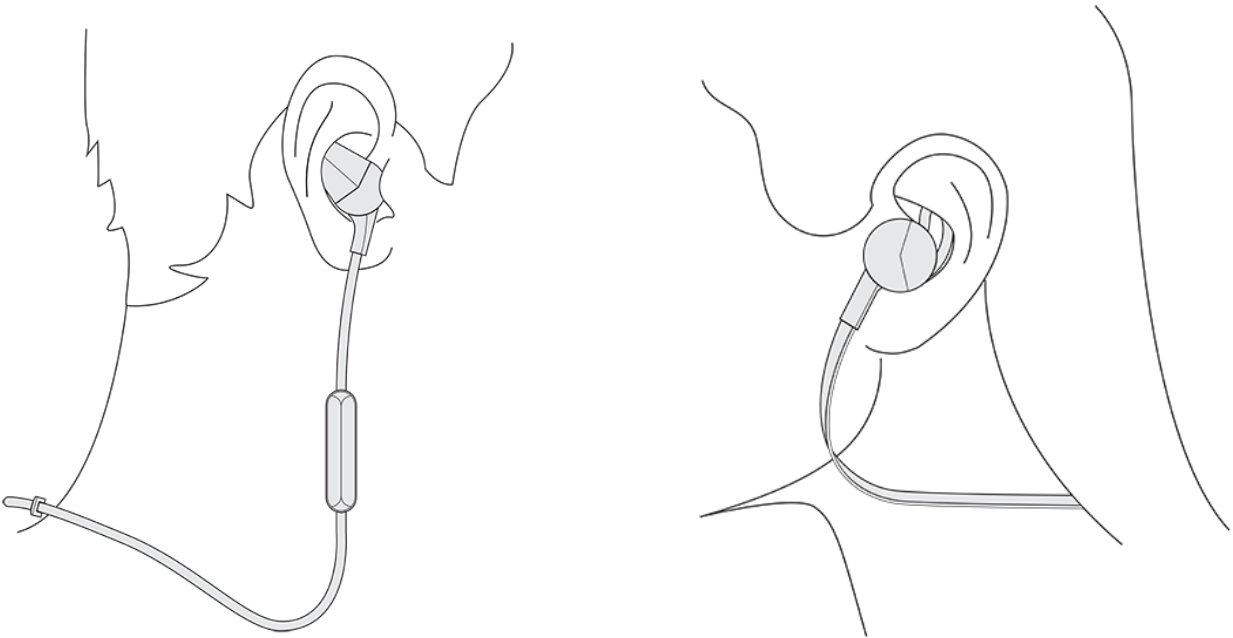
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To attach an ear tip, hold the earbud in one hand and the ear tip in the other hand. Press the ear tip fully onto the stem of the earbud until it fits snugly against it. To remove an ear tip, pinch it between your fingers and pull it off.



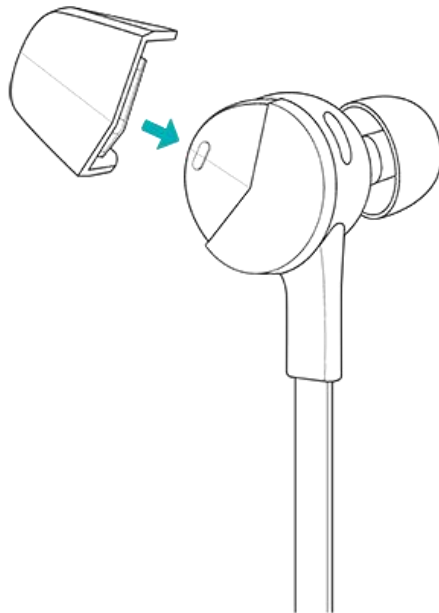
## Choosing wings or fins

Flyer comes with 2 pairs of wings and 2 pairs of fins in small and large sizes. We recommend trying both sets of wings and fins to determine which provides the most comfortable and secure fit. Both wings and fins should tuck into the fold of your ear to keep the headphones in place.



To attach a wing or fin:

1. Slide the bottom edge of the wing or fin into the rounded slot of the earbud.
2. Press down on the top of the wing or fin to insert it under the metal cap. It snaps into place when inserted correctly.



To remove a wing or fin, pinch the base of it between your fingers and pull away from the earbud to slide it out of the rounded slot.

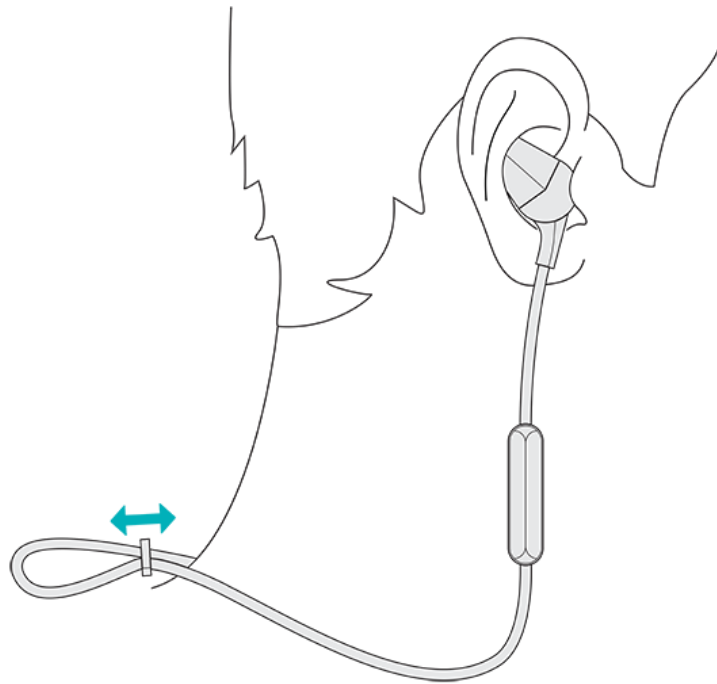
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**NOTE:** If the headphones don't tuck into your ears correctly, try switching the right and left fins.

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## Wearing your headphones

After you select the correct attachments, we recommend wearing Flyer behind your neck with the controls on the right side. Tighten the sliding cable fastener to keep the headphones secure.

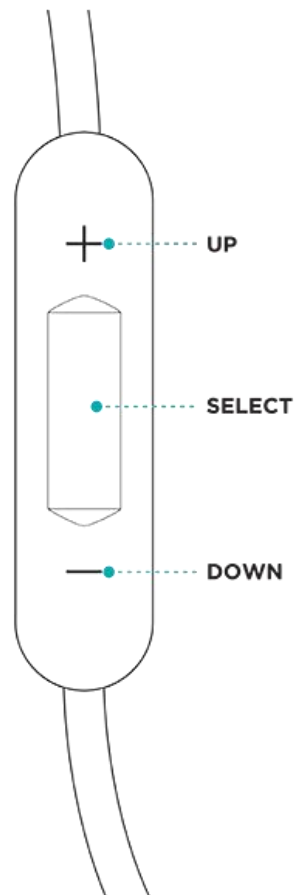


For more information on finding the best fit and wearing Flyer, see [help.fitbit.com](https://help.fitbit.com).

# Using the controls

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Flyer has 3 buttons, located on the control box. Use these buttons to control your audio and phone calls.



## Volume

Use the Up and Down buttons to control the volume of audio and phone calls, as shown in the table below.

Function	Operation
Increase volume	Press the Up button
Decrease volume	Press the Down button

## Microphones

If you connect Flyer to a phone with a voice assistant such as Siri, Google Assistant, or Cortana, when your phone is nearby you can access the voice assistant with

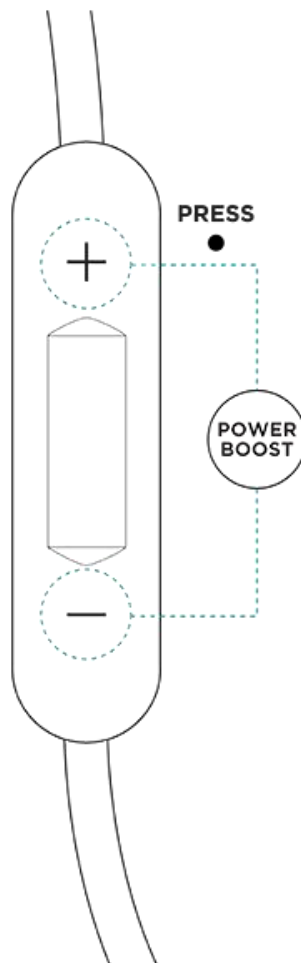
Flyer's microphones. Access to a voice assistant is not available while you're on a phone call. For instructions on accessing your phone's voice assistant, see the table below.

Function	Operation
Turn on voice assistant	Press and hold the Select button
Turn off voice assistant	Press and hold the Select button

Once you turn on a voice assistant, the microphone in Flyer picks up your voice, allowing you to use it as if you were speaking directly into your phone. For more information about accessing a voice assistant with Flyer, see [help.fitbit.com](https://help.fitbit.com).

## Power boost

Use power boost to enhance the sound quality of your music. To turn this setting on or off, briefly press the Up and Down buttons at the same time.



You'll hear an audio notification telling you whether you turned power boost on or off. Flyer uses this power boost setting until you change it again. Turning power boost off helps conserve battery power. For more information about power boost, see [help.fitbit.com](http://help.fitbit.com).

## Audio playback

To listen to audio, press play on the device Flyer is connected to. After the audio starts, use Flyer to control it, as shown in the table below.

Function	Operation
Pause/resume	Press the Select button
Next track	Press and hold the Up button or double-press the Select button
Previous track	Press and hold the Down button or triple-press the Select button

## Phone calls

If Flyer is connected to a phone, use Flyer to answer, dismiss, or switch between calls. If audio is playing on your phone when a call comes in, the audio is automatically paused so you can answer your call. For instructions on how to control phone calls from your Flyer, see the table below.

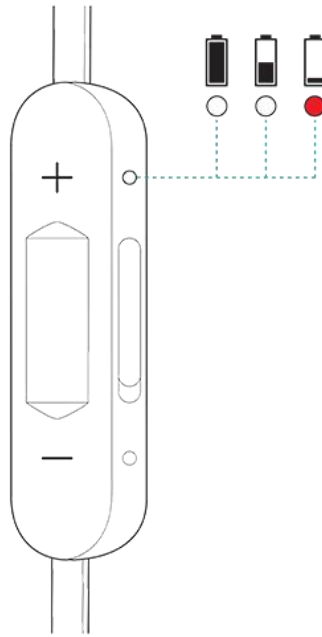
Function	Operation
Answer incoming call	Press the Select button
Dismiss incoming call	Press and hold the Down button
End current call	Press and hold the Select button
Switch to incoming call; put current call on hold	Press the Select button
Switch to incoming call; end current call	Press and hold the Select button
Dismiss incoming call; continue current call	Press and hold the Down button

# Battery life and charging

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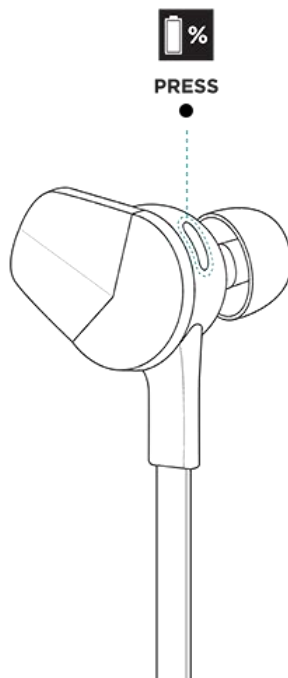
## Checking your current battery level

When you turn Flyer on or off, you'll see the battery-level indicator light and hear an audio notification.



While Flyer is on, check the current battery level at any time by briefly pressing the Power button.





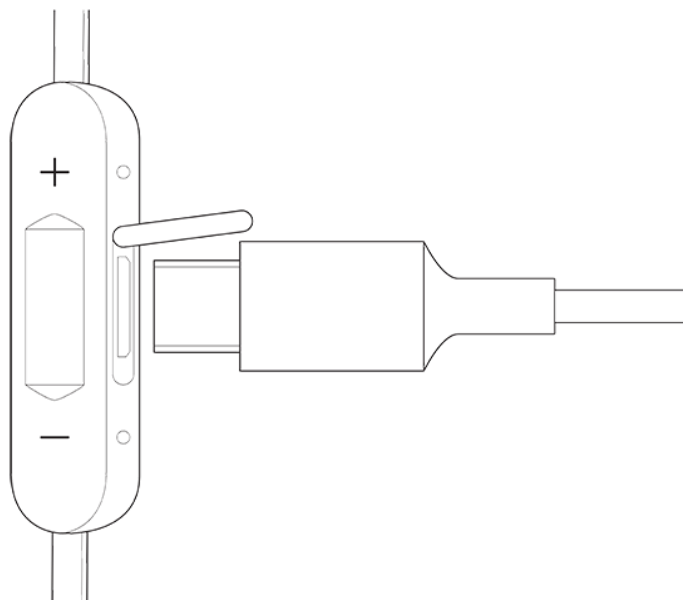
On many devices, Flyer's battery level is shown on the connected device. If Flyer is connected to Ionic, you can check the battery level on the watch's shortcut screen (swipe right from the clock screen).

When the battery level is Low or Very Low, the LED changes to red and a voice prompt notifies you that the battery is low. For information on what the color of the LED represents, see the table below.

LED color	Battery charge status	Audio notification
White light	Charged	"Full battery"
White light	Medium	"Medium battery"
Red light	Low	"Low battery"
Flashing red light	Very low	"Very low battery"

## Charging Flyer

To charge Flyer, plug the Micro-USB charging cable into Flyer's charging port, located underneath the cover, and then plug the charging cable into the USB port on your computer or a UL-certified USB wall charger.



When Flyer is charging, the LED changes color depending on the current charge level. Your headphones are fully charged when the LED is white. Charging fully may take up to 2 hours. For information on what the color of the LED represents while Flyer is charging, see the table below.

LED color	Battery status
White light	Fully charged
Yellow light	Medium
Red light	Low

## Erase Flyer

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Erase Flyer to clear all paired devices from memory and set the language for voice prompts and notifications to English. To erase Flyer, press the following buttons in this order:

1. Up
2. Down
3. Up
4. Down
5. Up
6. Select

When the erase is complete, the LED flashes white 5 times and Flyer turns off.

## Wear and care

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Flyer may require occasional cleaning. For instructions and more information, see <https://www.fitbit.com/productcare>.

### Ear tips, wings, and fins

Remove the ear tips and wings or fins from the device and wash them with water or a wet cloth. Use water only. Allow them to dry completely before reattaching them to the headphones.

### Fitbit Flyer

Clean the headphones with a soft, damp cloth. Use water only. The headphones are designed to be rain, sweat, and splash-proof, but shouldn't be submerged in water.

# Fitbit Flyer General Info & Specifications

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## Materials

Flyer is made of a combination of silicone, polycarbonate, polyurethanes, elastomers, and aluminum. These materials allow the headphones to be flexible, durable, and lightweight.

## Wireless technology

Flyer contains a Bluetooth 4.2 transceiver.

## Battery

Flyer contains a rechargeable lithium-ion battery.

## Size

	Weight	Cord Length
Fitbit Flyer	0.7 oz (20 g)	19.7 in (50 cm)

## Audio

Frequency Range	20 Hz to 20 kHz
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Input	2 microphones
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## Environmental conditions

Operating Temperature	-4° to 113° F (-20° to 45° C)
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Relative Humidity	Up to 90% at 140° F (60° C) without loss of function
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Non-Operating Temperature

-22° to -4° F  
(-30° to -20° C)

113° to 140° F  
(45° to 60° C)

Water Resistant

Splash-proof. Do not submerge in water.

## Warning



To prevent possible hearing damage, do not listen to audio at high volume levels over an extended period.

Don't attempt to replace batteries yourself—you may damage the batteries, which could cause overheating and injury

## Learn more

Troubleshooting and assistance for Flyer may be found at [help.fitbit.com](https://help.fitbit.com).

## Return policy and warranty

Warranty information and the Fitbit.com Store Return Policy may be found at [fitbit.com/returns](https://fitbit.com/returns).

# Regulatory & Safety Notices

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Model Name: FB205

## USA: Federal Communications Commission (FCC) statement

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

1. This device may not cause harmful interference and
2. This device must accept any interference received, including interference that may cause undesired operation

### FCC Warning

Changes or modifications not approved by Fitbit, Inc. could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device meets the FCC requirements for RF exposure in public or uncontrolled environments.

FCC ID: XRAFB205

## Canada: Industry Canada (IC) statement

This device meets the IC requirements for RF exposure in public or uncontrolled environments.

Cet appareil est conforme aux conditions de la IC en matière de RF dans des environnements publics ou incontrôlée

IC Notice to Users in accordance with the current RSS GEN:

This device complies with Industry Canada license exempt RSS standard(s).

Operation is subject to the following two conditions:

1. this device may not cause interference, and
2. this device must accept any interference, including interference that may cause undesired operation of the device

Cet appareil est conforme avec Industrie Canada RSS standard exempts de licence (s). Son utilisation est soumise à Les deux conditions suivantes:

1. Cet appareil ne peut pas provoquer d'interférences et
2. Cet appareil doit accepter Toute interférence, y compris les interférences qui peuvent causer un mauvais fonctionnement du dispositif

IC: 8542A-FB205

## European Union (EU)

### Simplified EU Declaration of Conformity

Hereby, Fitbit, Inc. declares that the radio equipment type Model FB205 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address:

<http://www.fitbit.com/safety>.

### Déclaration UE de conformité simplifiée

Fitbit, Inc. déclare par la présente que les modèles d'appareils radio FB205 sont conformes à la Directive 2014/53/UE. Les déclarations UE de conformité sont disponibles dans leur intégralité sur le site suivant: [www.fitbit.com/safety](http://www.fitbit.com/safety).

### Dichiarazione di conformità UE semplificata

Fitbit, Inc. dichiara che il tipo di apparecchiatura radio Modello FB205 è conforme alla Direttiva 2014/53/UE. Il testo completo della dichiarazione di conformità UE è disponibile al seguente indirizzo Internet: [www.fitbit.com/safety](http://www.fitbit.com/safety).

#### Vereinfachte EU-Konformitätserklärung

Fitbit, Inc. erklärt hiermit, dass die Funkgerätypen Modell FB205 die Richtlinie 2014/53/EU erfüllen. Der vollständige Wortlaut der EU-Konformitätserklärungen kann unter folgender Internetadresse abgerufen werden: [www.fitbit.com/safety](http://www.fitbit.com/safety).

#### Declaración UE de Conformidad simplificada

Por la presente, Fitbit, Inc. declara que el tipo de dispositivo de radio Modelo FB205 cumple con la Directiva 2014/53/UE. El texto completo de la declaración de conformidad de la UE está disponible en la siguiente dirección de Internet: [www.fitbit.com/safety](http://www.fitbit.com/safety).



#### Safety statement

This equipment has been tested to comply with safety certification in accordance with the specifications of EN Standard: EN60950-1:2006 + A11:2009 + A1:2010 + A12: 2011 + A2:2013.

#### Frequency Information

Frequency range (MHz): 2400-2483.5

Highest EIRP power in the range (dBm): 8.89

#### Australia and New Zealand





## China

部件名称	有毒和危险品					
<b>Flyer Model FB205</b>	铅 (Pb)	水银 (Hg)	镉 (Cd)	六价铬 (Cr(VI))	多溴化苯 (PBB)	多溴化二苯醚 (PBDE)
耳机	O	O	O	O	O	O
电子	X	O	O	O	O	O
电池	O	O	O	O	O	O
<p>本表格依据 SJ/T 11364 的规定编制</p> <p>O: 表示该项目中涉及的所有物料, 其包含的有害物质的含量低于 GB/T 26572. 标准的限制要求.</p> <p>X: 表示该项目中涉及的所有物料中至少有一种, 其包含的有害物质的含量高于 GB/T 26572. 标准的限制要求.</p>						



## Mexico



IFETEL: RCPFIFB17-1223

La operación de este equipo está sujeta a las siguientes dos condiciones:

1. Es posible que este equipo o dispositivo no cause interferencia perjudicial y
2. Este equipo o dispositivo debe aceptar cualquier interferencia, incluyendo la que pueda causar su operación no deseada

## Japan



201-170816

Oman

**OMAN - TRA**  
**TRA/TA-R/4716/17**  
**D090258**

Philippines



**NTC**

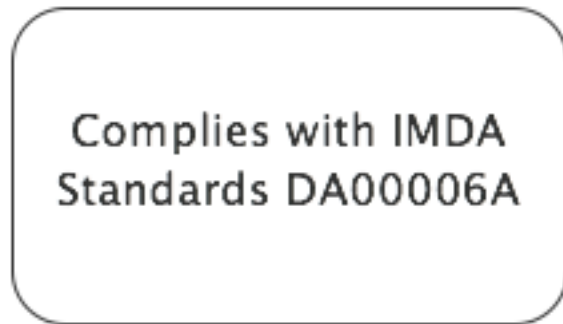
**Type Accepted**  
**No: ESD-1715473C**

Serbia



И 005 17

## Singapore



## South Africa



**TA-2017/1910  
APPROVED**

## South Korea

클래스 B 장치 (가정 사용을위한 방송 통신 기기) : EMC 등록 주로 가정용 (B 급)으로하고, 모든 지역에서 사용할 수 있습니다  
얻을 이 장치.

**“ 해당 무선설비는 전파혼신 가능성이 있으므로 인명안전과 관련된 서비스는 할 수 없습니다. ”**

## Taiwan

Fitbit Model FB205



**CCAF17LP0980T3**

注意！

依據 低功率電波輻射性電機管理辦法

第十二條 經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能

第十四條

低功率射頻電機之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。

前項合法通信，指依電信法規定作業之無線電通信。

低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

## Article 12

Without permission, any company, firm or user shall not alter the frequency, increase the power, or change the characteristics and functions of the original design of the certified lower power frequency electric machinery.

## Article 14

The application of low power frequency electric machineries shall not affect the navigation safety nor interfere a legal communication, if an interference is found, the service will be suspended until improvement is made and the interference no longer exists. The foregoing legal communication refers to the wireless telecommunication operated according to the telecommunications laws and regulations. The low power frequency electric machinery should be able to tolerate the interference of the electric wave radiation electric machineries and equipment for legal communications or industrial and scientific applications.

## United Arab Emirates

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Dealer No.: 35294/14

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