



GENERAL

This console has non-backlit LCD which displays Speed, RPM, Calories, Distance, Time and Pulse.

POWER ON/OFF

The display will be active to show all data upon pedaling. Once pedaling stops, LCD will remain blinking displaying latest data before pedaling stopped.

The display will switch off if pedal stopped over 45 seconds.

DISPLAY DATA

1. Speed

Start from 0 and plus. On Top of the LCD display showing current speed with pointer.

2. Time

Start from 0 and plus showing total time of this workout. Range: 0:00~99:59

3. RPM

Rotation Per Minute. Range: 0~140. If RPM exceeds 140, LCD will show STOP for safety reason.

4. Distance

Start from 0 and plus. Range: 000.0~999.9 ; Increase: 0.1 KM

5. Calories

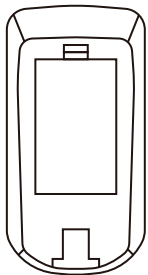
Start from 0 and plus showing calories consuming of this workout.

Range: 000.0~999.9

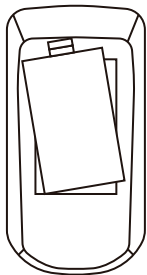
6. Pulse

User's current heart rate will be displayed in beats per minute. Place the palms of your hands on both of the contact pads and wait for 30 seconds for the most accurate reading.

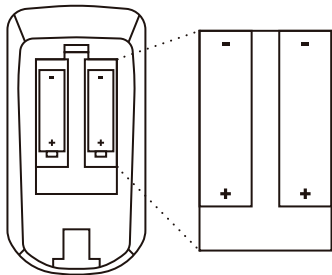
REPLACE THE BATTERY



1. Backside up



2. Take the battery cover apart



3. Be noted both batteries are positive end downward. Put the batteries on and the battery cover back.