

- _Buttons operable underwater (33ft / 10m)
- _Backlight
- _Stopwatch & countdown timer
- _Dual time
- _Altimeter & barometer

SUUNTO SPARTAN
QUICK GUIDE

For more product information and manuals, visit www.suunto.com/spartan

1. SET TIME & DATE

- Press **2s** to enter time setting mode. Display shows 16:30.
- Use **←** and **→** to navigate between fields. Press **↑** and **↓** to adjust values. A list of units is shown on the right:
 - _seconds
 - _minutes
 - _hour
 - _12h/24h
 - _year
 - _month
 - _day
- Press **→** to exit and return to the time display.

2. CHANGE UNITS

- Press **3s** to enter unit selection mode. Display shows 16:30. Press **→** to cycle through units: m/min/°C, UNI, mbar, m.
- Press **→** to select a unit. Press **→** again to cycle through options: m/ft, mbar/inHg, °C/°F, m/min/ft/min.
- Press **→** to exit and return to the time display.

3. USE STOPWATCH

- Press **2x** to start the stopwatch. Display shows 00.0, 16:30, and 0:00. Press **START** to begin timing.
- Press **SPLIT** to record a split time (25.0) or **RESUME** to restart the stopwatch (30.0).
- Press **PAUSE/STOP** to stop the stopwatch (30.0) or **RESET** to reset it (00.0).

4. RECORD ALTIMETER

- Press **2s** to enter altimeter mode. Display shows 75m.
- Press **LOG BOOK** to record the current altitude.
- Press **LOG BOOK** again to view the recorded altitude (75m).

5. SET ALTIMETER

- Press **2s** to enter altimeter mode. Display shows 75m.
- Press **RE** to set the reference altitude (80m). **TIP: Use a topographic map for current altitude reference. Alternatively, use local weather station air pressure readings to set the sea level pressure in the barometric mode.**
- Press **→** to exit and return to the altimeter display.

6. SET ALARMS

- Press **2s** to enter alarm mode. Display shows 16:30. Press **→** to set the alarm time (0:00).
- Press **→** to set the alarm status (OFF/ON).
- Press **→** to set the alarm name (AL 1).

DISPLAY

- barometric trend indicator
- ⚡ battery low*
- ⬆️ altitude alarm
- 🕒 daily alarm
- ▬ mode bar indicator

* It is highly recommended to use the Suunto-approved battery kit whenever replacing the battery. Ref: SS054700000 BATTERY CHANGE KIT, www.suunto.com.

CHANGE MODES

Press **→** to cycle through modes: TIME, ALTI, BARO.

CHANGE SUB-MODES

Press **→** to cycle through sub-modes: TIME, ALTI, BARO.

ENTER/EXIT SETTINGS

Press **→** to enter settings or **→** to exit settings.

CHANGE SETTINGS

Press **→** to enter settings or **→** to exit settings.

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MODES & SUB-MODES

TIME	ALTI	BARO
daily alarms	difference measurement	difference measurement
stopwatch	24 hour memory	4 day memory
countdown timer	logbook	sea level pressure
dual time	logbook history	

BACKLIGHT

Press **2s** to toggle the backlight on/off.

SETTINGS

TIME	ALTI	BARO
time & date	altitude reference	altitude alarm
alarms 1-3	altitude alarm	recording interval
alarms 1-3	measurement starting point	
24 hour memory	measurement starting point	
24 hour memory		
logbook		
logbook		
logbook history	clear	
		measurement starting point
		measurement starting point
		sea level pressure reference
		sea level pressure reference

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⚠ WARNING: DO NOT USE FOR SCUBA DIVING.



⚠ CAUTION: DO NOT APPLY SOLVENT OF ANY



⚠ CAUTION: DO NOT APPLY INSECT REPELLENT.

⚠ WARNING: ALLERGIC REACTIONS OR SKIN IRRITATIONS MAY OCCUR WHEN PRODUCT IS IN CONTACT WITH SKIN, EVEN THOUGH OUR PRODUCTS COMPLY WITH INDUSTRY STANDARDS. IN SUCH EVENT, STOP USE IMMEDIATELY AND CONSULT A DOCTOR.

TECHNICAL SPECIFICATIONS

- Operating temperature: -20° C ... +60° C / -4° F ... +140° F
- Storage temperature: -30° C ... +60° C / -22° F ... +140° F
- Dimensions: 49 x 49 x 17 mm / 1.9" x 1.9" x 0.7"
- Weight: 65 g / 2.3 oz
- Water resistance (device): 30 m / 100 ft (ISO 2281)
- User replaceable battery: 3V DL2430
- Battery life: ~ 1 year in normal use

SUUNTO LIMITED WARRANTY

Suunto warrants that during the Warranty Period Suunto or a Suunto Authorized Service Center (hereinafter Service Center) will, at its sole discretion, remedy defects in materials or workmanship free of charge either by a) repairing, or b) replacing, or c) refunding, subject to the terms and conditions of this Limited Warranty. This Limited Warranty is only valid and enforceable in the country of purchase, unless local law stipulates otherwise.

Warranty Period

The Limited Warranty Period starts at the date of original retail purchase. The Warranty Period is two (2) years for display devices. The Warranty Period is one (1) year for accessories including but not limited to PODs and heart rate transmitters, as well as for all consumable parts.

Exclusions and Limitations

This Limited Warranty does not cover:

1. a) normal wear and tear, b) defects caused by rough handling, or c) defects or damage caused by misuse contrary to intended or recommended use;
2. user manuals or any third-party items;
3. defects or alleged defects caused by the use with any product, accessory, software and/or service not manufactured or supplied by Suunto;
4. replaceable batteries.

This Limited Warranty is not enforceable if item:

1. has been opened beyond intended use;
2. has been repaired using unauthorized spare parts; modified or repaired by unauthorized Service Center;
3. serial number has been removed, altered or made illegible in any way, as determined at the sole discretion of Suunto;
4. has been exposed to chemicals including but not limited to mosquito repellents. Suunto does not warrant that the operation of the Product will be uninterrupted or error free, or that the Product will work with any hardware or software provided by a third party.

Access to Suunto warranty service

You must have proof of purchase to access Suunto warranty service. For instructions how to obtain warranty service, visit www.suunto.com/warranty, contact your local authorized Suunto retailer, or call Suunto Help Desk +358 2 2841 160 (national or premium rates may apply).

Limitation of Liability

To the maximum extent permitted by applicable mandatory laws, this Limited Warranty is your sole and exclusive remedy and is in lieu of all other warranties, expressed or implied. Suunto shall not be liable for special, incidental, punitive or consequential damages, including but not limited to loss of anticipated benefits, loss of data, loss of use, cost of capital, cost of any substitute equipment or facilities, claims of third parties, damage to property resulting from the purchase or use of the item or arising from breach of the warranty, breach of contract, negligence, strict tort, or any legal or equitable theory, even if Suunto knew of the likelihood of such damages. Suunto shall not be liable for delay in rendering warranty service.

FCC compliance

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This product has been tested to comply with FCC standards and is intended for home or office use. FCC WARNING: Changes or modifications not expressly approved by Suunto could void your authority to operate this device under FCC regulations.

CE

The CE mark is used to mark conformity with the European Union EMC directive 89/336/EEC.



⚠ CAUTION: DO NOT KNOCK OR DROP.



⚠ CAUTION: DO NOT EXPOSE TO RAPID



⚠ CAUTION: TREAT AS ELECTRONIC WASTE.