

CARDIO

M-060 · INDOOR BIKE K4



CHARACTERISTICS

- If you want to train at a professional level, the SALTER K series indoor bicycles are your best option. The professional model K4 offers the best performances that will make you enjoy the training and achieve the maximum performance in your practice.
- Its reinforced oval tube structure provides great stability even when working at an intense pace.
- The chassis includes anti-oxidation protection to avoid the damages that sweating can cause in the structure.
- The hardware is stainless steel to prevent oxidation.
- A correct working position is essential to perform an effective training. That's why the bike has got multiple regulations to achieve optimal position.
- The seat, special for indoor cycling, is of high comfort and is regulated both horizontally and vertically to achieve the optimal working position according to the needs of each user. The aluminium seat with micro-regulation and position indicators allow a quick adjustment of the seat.
- The multi-handle handlebar is also adjusted horizontally and vertically. In addition, it allows different positions of grip increasing the possibilities of workout. The aluminium pin with micro-regulation and position indicators allows a quick adjustment of the handlebar.
- Ultra-strong connecting rods allow high intensity sessions.
- The double function pedals (with automatic cleat) are provided with Cr-Mo ultra steel shafts that guarantee great resistance.
- The 32-position magnetic brake system (magnets in opposition) offers a high quality exercise and allows a smooth and totally silent work. In addition, this system does not require maintenance as there is no friction and, therefore, no wear.
- This model comes with an aluminium flywheel equivalent to 20 kg which generates a smooth and fluid movement.
- The bottom bracket and flywheel of 20 mm in Cr-Mo steel incorporate heat treatment of hardening. SKF 6004 bearings also offer the level of quality required by one of the best indoor bicycles on the

market.

- The Hutchinson belt drive guarantees a continuous and completely silent movement.
- The resistance level is adjustable, which allows you to adjust the intensity of the exercise according to the type of training you want to perform.
- Unlike other models, the indoor bicycle K3 has an Emergency Stop that allows to brake the inertia of the flywheel in case of urgent need.
- Backlit, watertight VC3 control monitor with wireless capture system (5kHz radiofrequency) that allows you to comfortably control the pulsations in high intensity exercises. The transmitter belt is optional and not included.
- The monitor, easy and comfortable to use, provides constant information of the basic indicators of the exercise: Time, Speed, Average speed, Distance, RPM, Average RPM, Calories, Watts and brake level (32 positions).
- The monitor includes the Colour Monitor Control system: There is a light indicator that shows in different colours the range of watts that the user is working at, which allows the instructor to keep track of the workout during the class.
- Given the importance of maintaining good hydration during exercise, the bicycle is fitted with a double bottle holder on the handlebars.
- The rear leg is provided with a double protector to perform stretching exercises without damaging the structure.
- Stabilizers in the base to adjust the machine to the irregularities of the ground offering a total stability.
- Built-in wheels in the base facilitate movement of the machine.
- Dimensions: 130 x 54 x 195 cm
- Weight: 59 kg
- Maximum user weight: 130 kg