

ProTargo™ - Rapid Absorption - Improved Duration System™ (RAID)

» ProTargo is a protein powder product that will change the protein market forever. It is being hailed as the leader of the next generation protein supplements due to its advanced composition.

Unique features of ProTargo:

RAID and GAIS systems which have been developed and scientifically tested by NutriVision Research & Development.

The RAID system (Rapid Absorption – Improved Duration) stimulates muscle anabolism and fights against muscle breakdown 24-hr/day.

The GAIS system (Gastric and Intestinal Support) dramatically improves the function and efficiency of the entire gastro-intestinal tract. This translates into a less frequent or even zero occurrence of distended abdomen, which is so often a result of high-protein intake.

How does the RAID-system work?

First and foremost, NutriVision uses only the finest ingredients available. The main ingredient is ProForma-X3™, a specialty synergistic protein blend containing a whey concentrate and calcium



caseinate isolate (do not confuse with cheaper caseins). ProForma-X3™ contains 57.4% whey and 42.6% calcium caseinate isolate. Some of the whey fraction is hydrolyzed with gentle methods, and the blend is instantized in a two step cold process in order to keep the proteins in their native effective form. Calcium caseinate isolate is refined through a similar process. The result is a very fine high-quality protein that not only tastes better, but also contains minimal fat and lactose and therefore is easier for the body to assimilate.

Vitargo™, a patented hi-tech starch especially developed for elite athletes, is included



to stimulate muscle anabolism even further. MCT (Medium Chain Triglycerides) contain special fatty acids that can inhibit the process where amino acids are converted into simple blood sugar. Xylitol is included due to its ability to increase muscle anabolism.

How does the GAIS-system work?

Constipation and a distended abdomen not only produce a bloated appearance around the waistline, it also decreases the absorption of amino acids and peptides. In ProTargo, the friendly bacteria *Lactobacillus Sporogenes* (Lactospore®) is included in order to eliminate these types of complications. This amazing bacterium triggers the production of enzymes necessary for protein breakdown and absorption. Furthermore, Lactospore® can increase the amount of B-vitamins and reduce the amount of harmful ammonia in the digestive tract and in turn, the whole body. Xylitol counteracts constipation and Vitargo decreases the osmolality ("concentration of particles") of the product, ensuring that the protein in ProTargo will pass through the stomach smoothly and get absorbed efficiently. ●

For 24-h Muscle Support and Recovery*

Unique formula:

- **RAID system** (Rapid Absorption – Improved Duration) for optimized muscle metabolism
- **GAIS system** (Gastric And Intestinal Support) for optimal gut health and function
- **ProForma-Xg™** exclusive proprietary protein blend
- **Vitargo™** patented starch for sports nutrition

Especially developed for:

- Strength athletes
- Endurance athletes
- Athletes on weight loss regimens

Recommended use:

- As a dietary supplement mix with shake thoroughly three level scoops twice a day, + 50 ml water in water or milk.
- During heavy training/muscle building cycles have one serving 15-30 minutes pre-exercise, and 1-2 servings 5-30 minutes post-exercise.
- During primarily fat loss training have one serving 20-40 minutes post-exercise.
- During endurance training have 1-2 servings 5-30 minutes post-exercise for maximal recovery.
- Additional drinks can be used at bedtime and as a snack/mid meal replacement.
- Do not exceed five daily servings (15 level scoops), unless recommended by a physician.

Notice: Use this product as a food supplement only. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Bruksanvisning:

- Innehåller 150 skivorna doseringsmätt (150 portioner = 50g blandas och smälles ostentligt i vatten eller mjölk)
- Under tunga träningsperioder/uppbyggda låtar en portion 15-30 minuter före träningspasset och 1-2 portioner 5-30 minuter efter träningspasset.
- Vid frygpunkt på fettförbrännande träning låtar en portion 20-40 minuter efter avslutad träningspass.
- Vid utsläppsträning låtar 1-2 portioner 5-30 minuter efter avslutad träningspass för maximal återhämtning.
- Kan även låtas vid slönglärd eller som mellanmål.
- Överskikt 5 portioner (15 doseringsmätt) dagligen.

Supplement Facts

Serving Size: 3 scoops (50 g)
Amount Per Container: 80

Amount per serving	Per portion	Per 100 g
Calories 190		
Total Fat 2.6 g		
Saturated Fat 2.0 g (mostly as MCT)		
Cholesterol 0 g		
Sodium 0 g		
Total Carbohydrate 11.5 g		
Dietary Fiber 0 g		
Sugars 2 g		
Starches – Vitargo™ 5.5 g		
Starches – Other 1.3 g		
Polysyll Xylitol 4.7 g		
Protein 30.7 g		
• Vitamin A*	• Vitamin C**	
• Calcium 15%	• Iron**	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Contains less than 2% of the Daily Value of these nutrients.

Calories Per Gram: Fat 9, Protein 4, Carbohydrate 4, Xylitol 2.4

†Proprietary Protein Blend: ProForma-Xg™

Supplement Fact

Amount per serving	Total count
Microencapsulated Lactobacillus Sporogenes (Lactospore®)	210 million***
Leclithin (25% phosphatidylcholine)	600 mg***

***Daily Value not established

Other Ingredient:

Natural essence, natural coloring agent, acesulfame-K, aspartame

Phenylketonics: Contains Phenylalanine

Näringsvärde

En portion: 3 doseringsmätt (50 g)
Antal portioner per förpackning: 80

	Per portion	Per 100 g
Energivärde	800 kJ	1600 kJ
	= 190 kcal	= 380 kcal
Protein	30,7 g	61,4 g
varav:		
vassla (57,4%)	(17,6 g)	
önsämnt (42,6%)	(13,1 g)	
Kolhydrater	12,5 g	25,0 g
varav:		
söckerarter	(2,0 g)	
stärkelse – Vitargo™	(5,5 g)	
annan stärkelse	(1,3 g)	
polyoler (xylitol)	(4,2 g)	
Fett	2,6 g	5,2 g
Lactobacillus Sporogenes (Inkapslad)	420 miljoner	
Leclithin (25% fosfatidylcholin)	1200 mg	

* naturliga smak- och färgämnen, sötningsmedel acesulfam-K och aspartam

Innehåller en fenylalaninkälla

Denna kartong innehåller:

- Tio förslutna påsar med 400 gram (0,9 lb) av pulver i varje
- En patenterad plastkarta
- En informationsbrochyr om proteinbehovet hos aktiva människor, samt bruksbeskrivning
- Ett doseringsmätt

THIS KIT CONTAINS:

- Ten sealed bags with 400 grams (0.9 lb) of powder in each
- One patented bag clip
- One information pamphlet on protein requirements in active people, and a manual
- One measuring scoop

