HOW TO MEASURE

HAND LENGTH: Measure from the base of your palm at wrist to the top of your middle finger.

HAND CIRCUMFERENCE: At the base of your fingers, measure around your knuckles with fingers together (excluding thumb).

*Use larger measurement to find your ideal UA glove size

WOMENS

WOMEN'S SIZE	Hand Circumference (in)	Hand Length (in)	Hand Circumference (cm)	Hand Length (cm)
XS	5 3/4 - 6 1/4	6 - 6 1/4	14.6 - 15.9	15.2 - 15.9
SM	6%-6%	6 % - 6 %	16.2 - 17.5	16.2 - 16.8
MD	7 - 7 1/2	6 ¾ - 7	17.8 - 19.1	17.1 - 17.8
LG	7 % - 8 1/2	7 1/8 - 7 %	19.4 - 20.6	18.1 - 18.7
XL	8 1/4 - 8 3/4	7 ½ - 7 ¾	21.0 - 22.2	19.1 - 19.7