

Fastskin LZR Racer® X Jammer

The hip measurement on Fastskin LZR Racer® X is the most important measurement.

Please base your size using the hip measurement first. Waist measurements are to be used as an extra guide.

Hip - taken from the widest point of the hips.

Speedo Size	Hip (cm)	Waist (cm)	Waist (inches)
21	87-90	71-75	28-30
22	90-93	75-78	30-31
23	93-96	78-81	31-32
24	96-99	81-84	32-33
25	99-102	84-87	33-34
26	102-105	87-90	34-35
27	105-108	90-93	35-36
28	108-111	93-96	36-38

Measuring guide

A: Hip

Taken from the widest point of the hip

B: Waist

Measure 6cm down from natural waist

