

APPAREL

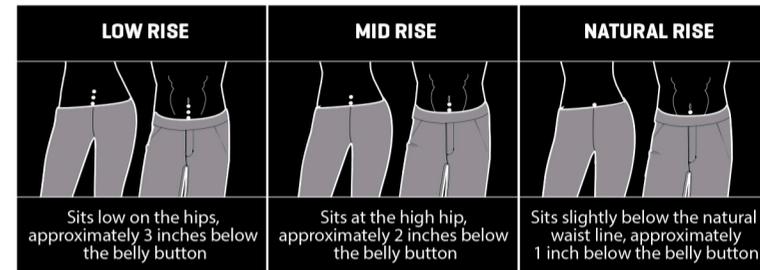
Men's Sizing Chart

Size	Small	Medium	Large	X Large	XX Large	How to Measure
Chest	36"-38" 91.5-96.5cm	39"-41" 99-104cm	42"-44" 106.5-112cm	45"-48" 114.5-122cm	49"-51" 124.5-129.5cm	Measure under the arms, around fullest part of chest and back circumference.
Waist	29"-31" 73.5-78.5cm	32"-34" 81.5-86.5cm	35"-37" 89-94cm	38"-40" 96.5-101.5cm	41"-44" 104-112cm	Measure around natural waistline, keeping tape a bit loose.
Hip	36"-38" 89-96.5cm	39"-41" 99-104cm	42"-44" 106.5-112cm	45"-48" 114.5-122cm	49"-51" 124.5-129.5cm	Measure around the fullest part of hip circumference, parallel to the floor.
Arm Length	31"-32" 68.5-81.5cm	32"-33" 81.5/84cm	33"-34" 84-86.5cm	34"-35" 86.5-89cm	35"-36" 89-91.5cm	With elbow bent slightly, measure from center back of neck, across top of shoulder, to elbow and down to wrist bone.
Inseam	30"-31" 73.5-78.5cm	31"-32" 78.5-81.5cm	32"-33" 81.5-84cm	33"-34" 86.5cm	34"-35" 86.5-89cm	Measure along inside leg from crotch to ankle bone. Or measure a good fitting base layer pant from crotch seam to bottom along seam.

Women's Sizing Chart

Size	X Small/2	Small/4-6	Medium/8-10	Large/12-14	XLarge/16-18	How to Measure
Chest	32"-33" 81.5-84cm	34"-35" 86.5-89cm	36"-38" 91.5-96.5cm	39"-41" 99-104cm	41"-44" 104-111.75cm	Measure under the arms, around fullest part of chest and back circumference.
Waist	24"-25" 61-63.5cm	26"-27" 66-68.5cm	28"-30" 71-76cm	31"-34" 78.5-86.25cm	35"-38" 89-96.5cm	Measure around natural waistline, keeping tape a bit loose.
High Hip	31"-32" 78.5-81.5cm	33"-34" 84-86.5cm	35"-36" 89-91.5cm	37"-39" 94-99cm	40"-43" 101.5cm-109.25	Measure around high hip circumference approximately 3" below natural waistline.
Hip	35"-36" 81-91.5cm	37"-38" 94-96.5cm	39"-40" 99-101.5cm	41"-43" 104-109.25cm	44"-47" 111.75-119.25cm	Measure around the fullest part of hip circumference, parallel to the floor.
Arm Length	27"-28" 68.5-71cm	28"-29" 71-73.5cm	29"-30" 73.5-76cm	30"-31" 76-78.5cm	31"-32" 78.5-81.5cm	With elbow bent slightly, measure from center back of neck, across top of shoulder, to elbow and down to wrist bone.
Inseam	29"-30" 73.5-76cm	30"-31" 76-78.5cm	31"-32" 78.5-81.5cm	32"-33" 81.5-86.5cm	33"-34" 84-86.5cm	Measure along inside leg from crotch to ankle bone. Or measure a good fitting base layer pant from crotch seam to bottom along seam.

Fit Guide



BRAS

Seamless Bras

SW Offered Sizes	Comparable Bra Size	Recommended Impact	
XS	30 A, B, C - 32 A, B	A, B - Medium Impact	C - Low Impact
S	32 A, B, C - 34 A, B	A, B - Medium Impact	C - Low Impact
M	34 A, B, C - 36 A, B	A, B - Medium Impact	C - Low Impact
L	36 A, B, C - 38 A, B	A, B - Medium Impact	C - Low Impact
XL	38 A, B, C	A, B - Medium Impact	C - Low Impact

SOCKS

Adult

Size	US Men	US Women	Euro	UK
Small	3-5.5	4-6.5	34-37	2-4.5
Medium	6-8.5	7-9.5	38-41	5-7.5
Large	9-11.5	10-12.5	42-45	8-10.5
X Large	12-14.5	N/A	46-49	11-13.5

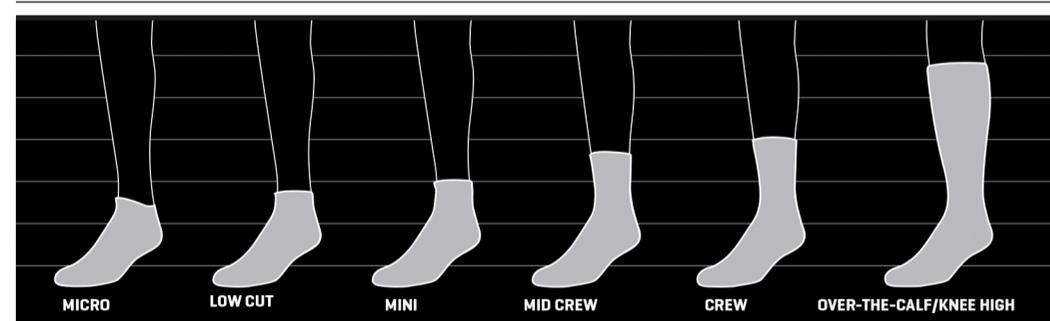
Kids

Size	US	Euro	UK
X Small	6-8.5	22-25	5-7.5
Small	9-11.5	26-28	8-10.5
Medium	12-2.5	29-32	11-13.5
Large	3-6	33-36	1-4.5

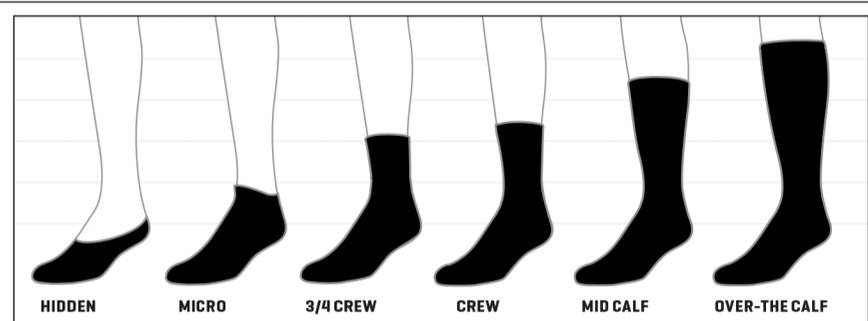
COMPRESSION CALF SOCKS AND SLEEVES

Size	Men's Shoe Size	Women's Shoe Size	Calf Circumference (inches)	Calf Circumference (cm)
Small	3-5.5	4-6.5	11-14.5	28-36.5
Medium	6-8.5	7-9.5	12.5-16.5	32-41.5
Large	9-11.5	10-12.5	14.5-18	37-45.5
X Large	12-14.5	N/A	16-23	41-58

PERFORMANCE SOCKS HEIGHT GUIDE



LIFESTYLE SOCKS HEIGHT GUIDE



SMARTWOOL SOCK CUSHION GUIDE

Ultra Light The absolute minimum between your foot and shoe or performance boot	Light Elite Targeted cushioning for maximum protection without bulk, designed for low-volume or precise-fitting footwear	Light The ideal cushion for varied terrain and climates, provides impact absorption without added bulk	Medium Balances warmth and protection for high-volume footwear in colder weather	Heavy Offers significant warmth and protection for all day comfort in cold conditions	Extra Heavy The warmest sock for extended backcountry excursions in very cold conditions
---	--	--	--	---	--

- Lightest to heaviest +