



Helmet sizes

A helmet needs to fit properly on your head for it to be safe. Measure the circumference of your head as shown in the picture and choose the correct size using the chart.



SIZING INSTRUCTIONS:

Your helmet should fit snugly and comfortably on your head.
Once straps and pads are adjusted to the proper fit, grab helmet and twist.
The skin on your forehead should move with the helmet.

SIZE REFERENCE:

XXXXXS	47-48 CM
XXXS	49-50 CM
XXS	51-52 CM
XS	53-54 CM
S	55-56 CM
M	57-58 CM
L	59-60 CM
XL	61-62 CM
XXL	63-64 CM

