



## Head Measurement

Size	Head (centimeters)	Head (inches)	Hat Size (inches)
S	55 - 56 cm	21 5/8 - 22 in	6 7/8 - 7 in
M	57 - 58 cm	22 1/2 - 22 7/8 in	6 7/8 - 7 in
L	59 - 60 cm	23 1/4 - 23 5/8 in	7 3/8 - 7 1/2 in
XL	61 - 62 cm	24 - 24 3/8 in	7 5/8 - 7 3/4 in

## HOW TO MEASURE

1. Wrap a soft, flexible measuring tape horizontally around your head 1 inch above your eyebrows and ears. Pull the tape softly snug, read the length and repeat for accuracy. Use the largest measurement.
2. Select the helmet size that is closest to your head measurement from the Size Chart above. If your head measurement falls between two helmet sizes, it is suggested to go with the smaller size.