

RUNNING FOOTWEAR SIZE CHART

MEN

USA	7.0	7.5	8.0	8.5	9.0	9.5	10.0	10.5	11.0	11.5	12.0	12.5	13.0	14.0
UK	6.0	6.5	7.0	7.5	8.0	8.5	9.0	9.5	10.0	10.5	11.0	11.5	12.0	13.0
EUR	40.0	40.5	41.0	42.0	42.5	43.0	44.0	44.5	45.0	45.5	46.0	47.0	47.5	48.5
JPN (CM)	25.0	25.5	26.0	26.5	27.0	27.5	28.0	28.5	29.0	29.5	30.0	30.5	31.0	32.0

WOMEN

USA	5.5	6.0	6.5	7.0	7.5	8.0	8.5	9.0	9.5	10.0	10.5	11.0
UK	3	3.5	4.0	4.5	5.0	5.5	6.0	6.5	7.0	7.5	8.0	8.5
EUR	35.5	36.5	37.5	38.0	38.5	39.0	40.0	40.5	41.0	42.0	42.5	43.0
JPN (CM)	21.5	23.0	23.5	24.0	24.5	25.0	25.5	26.0	26.5	27.0	27.5	28.0