

CHOOSING A HELMET THAT FITS PROPERLY

Choosing the right helmet is very important. The helmet must fit properly to give you the best protection if you fall off or are involved in an accident. Here's how to choose a helmet that fits properly:

- Step 1: Measure your head size
- Step 2: Ascertain the right helmet size
- Step 3: Check that the helmet fits properly.

1. MEASURING YOUR HEAD SIZE

Measure your head size by placing a flexible measuring tape around your head approximately one finger's width (2 cm) above the eyebrows. This will give you the greatest circumference of your head. The measured value represents your head size in centimetres.



2. ASCERTAINING THE RIGHT HELMET SIZE

The C3 is available in seven double helmet sizes. Refer to the following list for the helmet size that fits you:

Head size in cm	SCHUBERTH helmet sizes	Alpha helmet sizes
52 to 53	52 / 53	XS
54 to 55	54 / 55	S
56 to 57	56 / 57	M
58 to 59	58 / 59	L
60 to 61	60 / 61	XL
62 to 63	62 / 63	XXL
64 to 65	64 / 65	XXXL

If your measured head size (e.g. 57.5 cm) is between two helmet sizes, we recommend trying the smaller size first.