



## SIZE GUIDE

SIZE	KNUCKLE CIRCUMFERENCE (CM)	PALM LENGTH (CM)
S	16-19	18
M	17-21	19
L	17-23	20
XL	22-24	21

## MEASUREMENT GUIDE

Glove sizes are based on the circumference of your four knuckles. To determine the correct size, wrap a measuring tape around your knuckles, and then measure the length of your palm. Once you've determined the measurement, you can use the chart here as a guide.

