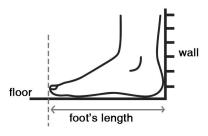
## **CHOOSE THE PERFECT SIZE**

1. Hold your foot against the wall and measure the length of your foot from the wall to the big toe.



- 2. Compare it with the measures of the previous table.
- 3. Choose the size whose length is 4 to 8mm longer than the length of your foot.

## Size equivalence in mm

Total length in mm	European Size
234'20 mm	37
240'50 mm	38
246'80 mm	39
253'10 mm	40
259'40 mm	41
265'70 mm	42
272'00 mm	43
278'30 mm	44
284'60 mm	45
290'90 mm	46