

MEN'S SIZE CHART

CM

INCHES

ALPHA SIZE	PALM CIRCUMFERENCE (cm)	BASE OF PALM TO MIDDLE FINGER TIP (cm)
S	15 - 18 cm	18 - 20 cm
M	18 - 19 cm	20 - 21.5 cm
L	19 - 20 cm	21.5 - 23 cm
XL	20 - 23 cm	23 - 25 cm

WOMEN'S SIZE CHART

ALPHA SIZE	PALM CIRCUMFERENCE (cm)	BASE OF PALM TO MIDDLE FINGER TIP (cm)
S	13 - 16.5 cm	15 - 18 cm
M	16.5 - 18 cm	18 - 19 cm
L	18 - 19 cm	19 - 20 cm
XL	19 - 21.5 cm	20 - 23 cm

UNISEX SIZE CHART

ALPHA SIZE	HAND WIDTH - UNISEX (cm)	HAND LENGTH - UNISEX (cm)
S	19 - 22cm	16.5 - 19cm
M	20 - 23cm	17 - 20cm
L	23 - 25.4cm	20 - 23cm
XL	-	-

MEN'S SIZE CHART

CM

INCHES

ALPHA SIZE	PALM CIRCUMFERENCE (in.)	BASE OF PALM TO MIDDLE FINGER TIP (in.)
S	6" - 7"	7" - 8"
M	7" - 7.5"	8" - 8.5"
L	7.5" - 8"	8.5" - 9"
XL	8" - 9"	9" - 10"

WOMEN'S SIZE CHART

ALPHA SIZE	PALM CIRCUMFERENCE (in.)	BASE OF PALM TO MIDDLE FINGER TIP (in.)
S	5" - 6.5"	6" - 7"
M	6.5" - 7"	7" - 7.5"
L	7" - 7.5"	7.5" - 8"
XL	7.5" - 8.5"	8" - 9"

UNISEX SIZE CHART

ALPHA SIZE	HAND WIDTH - UNISEX (in.)	HAND LENGTH - UNISEX (in.)
S	7.5" - 8.5"	6.5" - 7.5"
M	8" - 9"	7" - 8"
L	9" - 10"	8" - 9"
XL	-	-