

SIZE CHARTS

M & W NUMERIC-SIZED APPAREL/INCHES

| MEN'S NUMERIC-SIZED APPAREL | | | | | | | | | | | | |
|-----------------------------|--------|------|------|------|-------|------|------|------|-------|------|------|------|
| Inches | | | | | | | | | | | | |
| US/UK | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
| NL-D | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 |
| FR | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| IT | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| Waist | 27.5" | 29.5 | 31.5 | 33.5 | 35.5 | 37.5 | 39.5 | 41.5 | 43.5 | 45.5 | 47.5 | 49.5 |
| Hip | 33.5" | 35.5 | 37.5 | 39.5 | 41.5 | 43.5 | 45.5 | 47.5 | 49.5 | 51.5 | 53.5 | 55.5 |
| Reg Inseam | 32.25" | | 32.5 | | 32.75 | | 33 | | 33.25 | | 33.5 | |
| Short Inseam | 30.25" | | 30.5 | | 30.75 | | 31 | | 31.25 | | 31.5 | |
| Long Inseam | 34.25" | | 34.5 | | 34.75 | | 35 | | 35.25 | | 35.5 | |

| MEN'S NUMERIC-SIZED ACTION SPORTS APPAREL | | | | | | | | |
|---|-------|------|------|------|------|------|------|------|
| Inches | | | | | | | | |
| Size | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 |
| Waist | 29.5" | 31.5 | 33.5 | 35.5 | 37.5 | 39.5 | 41.5 | 43.5 |
| Hip | 35.5" | 37.5 | 39.5 | 41.5 | 43.5 | 45.5 | 47.5 | 49.5 |
| Reg Inseam | 32.5" | | | | | | | |
| Short Inseam | 30.5" | | | | | | | |
| Long Inseam | 34.5" | | | | | | | |

| WOMEN'S NUMERIC-SIZED APPAREL | | | | | | | | | | | | |
|-------------------------------|--------|------|------|------|------|------|------|------|-------|------|------|------|
| Inches | | | | | | | | | | | | |
| US | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| UK | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| NL-D | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
| FR | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 |
| IT | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 |
| Bust | 29.5" | 31 | 32.5 | 34 | 35.5 | 37 | 38.5 | 41 | 43.5 | 46 | 48.5 | 51 |
| Waist | 23" | 24.5 | 26 | 27.5 | 29 | 30.5 | 32 | 34 | 36 | 38 | 40 | 42 |
| Hip | 32.5" | 34 | 35.5 | 37 | 38.5 | 40 | 41.5 | 43.5 | 45.5 | 47.5 | 49.5 | 51.5 |
| Reg Inseam | 31.25" | | | | 31.5 | | | | 31.75 | | | |
| Short Inseam | 29.25" | | | | 29.5 | | | | 29.75 | | | |
| Long Inseam | 33.25" | | | | 33.5 | | | | 33.75 | | | |

| WOMEN'S NUMERIC-SIZED ACTION SPORTS APPAREL | | | | | | | | | | |
|---|-------|------|------|------|------|------|------|------|------|--|
| Inches | | | | | | | | | | |
| Size | 0 | 1 | 3 | 5 | 7 | 9 | 11 | 13 | 15 | |
| Waist | 25" | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | |
| Hip | 34.5" | 35.5 | 36.5 | 37.5 | 38.5 | 39.5 | 40.5 | 41.5 | 42.5 | |
| Reg Inseam | 31.5" | | | | | | | | | |
| Short Inseam | 29.5" | | | | | | | | | |
| Long Inseam | 33.5" | | | | | | | | | |

| WOMEN'S EXTENDED NUMERIC-SIZED APPAREL | | | | | | |
|--|--------|------|------|------|------|------|
| Inches | | | | | | |
| Size | 16W | 18W | 20W | 22W | 24W | 26W |
| Waist | 39.5" | 41.5 | 43.5 | 45.5 | 47.5 | 49.5 |
| Hip | 47" | 49 | 51 | 53 | 55 | 57 |
| Reg Inseam | 31.75" | | | | | |
| Short Inseam | 29.75" | | | | | |
| Long Inseam | 33.75" | | | | | |

MEN'S APPAREL
Inches 

| Size | S | M | L | XL | XXL | XXXL |
|---------------------|----------|---------|-------|---------|-----------|-----------|
| Chest | 35-37.5" | 37.5-41 | 41-44 | 44-48.5 | 48.5-53.5 | 53.5-58 |
| Waist | 29-32" | 32-35 | 35-38 | 38-43 | 43-47.5 | 47.5-52.5 |
| Hip | 35-37.5" | 37.5-41 | 41-44 | 44-47 | 47-50.5 | 50.5-53.5 |
| Reg Inseam | 32.25" | 32.5 | 32.75 | 33 | 33.25 | 33.5 |
| Short Inseam | 30.25" | 30.5 | 30.75 | 31 | 31.25 | 31.5 |
| Long Inseam | 34.25" | 34.5 | 34.75 | 35 | 35.25 | 35.5 |

MEN'S ACTION SPORTS APPAREL
Inches 

| Size | S | M | L | XL | XXL |
|---------------------|--------|-------|-------|-------|-------|
| Chest | 37-39" | 39-41 | 41-43 | 43-46 | 46-49 |
| Waist | 31-33" | 33-35 | 35-37 | 37-40 | 40-43 |
| Hip | 37-39" | 39-41 | 41-43 | 43-46 | 46-49 |
| Reg Inseam | 32.5" | | | | |
| Short Inseam | 30.5" | | | | |
| Long Inseam | 34.5" | | | | |

WOMEN'S APPAREL
Inches 

| Size | XS | S | M | L | XL | XXL |
|---------------------|------------|-----------|---------|-----------|-----------|-----------|
| Bust | 29.5-32.5" | 32.5-35.5 | 35.5-38 | 38-41 | 41-44.5 | 44.5-48.5 |
| Waist | 23.5-26" | 26-29 | 29-31.5 | 31.5-34.5 | 34.5-38.5 | 38.5-42.5 |
| Hip | 33-35.5" | 35.5-38.5 | 38.5-41 | 41-44 | 44-47 | 47-50 |
| Reg Inseam | 31.25" | | 31.5 | | 31.75 | |
| Short Inseam | 29.25" | | 29.5 | | 29.75 | |
| Long Inseam | 33.25" | | 33.5 | | 33.75 | |

WOMEN'S ACTION SPORTS APPAREL
Inches 

| Size | XS | S | M | L | XL |
|---------------------|------------|-----------|-----------|-----------|-----------|
| Bust | 31.5-33.5" | 33.5-35.5 | 35.5-37.5 | 37.5-39.5 | 39.5-41.5 |
| Waist | 24-26" | 26-28 | 28-30 | 30-32 | 32-34 |
| Hip | 33.5-35.5" | 35.5-37.5 | 37.5-39.5 | 39.5-41.5 | 41.5-43.5 |
| Reg Inseam | 31.5" | | | | |
| Short Inseam | 29.5" | | | | |
| Long Inseam | 33.5" | | | | |

WOMEN'S APPAREL EXTENDED SIZING
Inches 

| Size | 1X | 2X | 3X |
|---------------------|------------|-----------|-----------|
| Bust | 44.5-48.5" | 48.5-52.5 | 52.5-56.5 |
| Waist | 38.5-42.5" | 42.5-46.5 | 46.5-50.5 |
| Hip | 47-50" | 50-54 | 54-58 |
| Reg Inseam | 31.75" | | |
| Short Inseam | 29.75" | | |
| Long Inseam | 33.75" | | |

SIZE CHARTS

M & W NUMERIC-SIZED APPAREL/METRIC

MEN'S NUMERIC-SIZED APPAREL



| Metric | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
|--------------|--------|----|----|-----|------|-----|-----|-----|------|-----|-----|-----|
| US/UK | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
| NL-D | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 |
| FR | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| IT | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| Waist | 70cm | 75 | 80 | 85 | 90 | 95 | 100 | 105 | 110 | 115 | 120 | 125 |
| Hip | 85cm | 90 | 95 | 100 | 105 | 110 | 115 | 120 | 125 | 130 | 135 | 140 |
| Reg Inseam | 82.5cm | | 83 | | 83.5 | | 84 | | 84.5 | | 85 | |
| Short Inseam | 77.5cm | | 78 | | 78.5 | | 79 | | 79.5 | | 80 | |
| Long Inseam | 87.5cm | | 88 | | 88.5 | | 89 | | 89.5 | | 90 | |

MEN'S NUMERIC-SIZED ACTION SPORTS APPAREL



| Metric | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 |
|--------------|------|----|-----|-----|-----|-----|-----|-----|
| Size | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 |
| Waist | 75cm | 80 | 85 | 90 | 95 | 100 | 105 | 110 |
| Hip | 90cm | 95 | 100 | 105 | 110 | 115 | 120 | 125 |
| Reg Inseam | 83cm | | | | | | | |
| Short Inseam | 78cm | | | | | | | |
| Long Inseam | 88cm | | | | | | | |

WOMEN'S NUMERIC-SIZED APPAREL



| Metric | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
|--------------|--------|----|------|----|------|-----|-------|-------|-------|-------|-------|-------|
| US | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| UK | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
| NL-D | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
| FR | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 |
| IT | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 |
| Bust | 76.5cm | 80 | 83.5 | 87 | 90.5 | 94 | 97.5 | 102.5 | 107.5 | 112.5 | 117.5 | 122.5 |
| Waist | 60.5cm | 64 | 67.5 | 71 | 74.5 | 78 | 81.5 | 85.5 | 89.5 | 93.5 | 97.5 | 101.5 |
| Hip | 84.5cm | 88 | 91.5 | 95 | 98.5 | 102 | 105.5 | 109.5 | 113.5 | 117.5 | 121.5 | 125.5 |
| Reg Inseam | 79.5cm | | | | 80 | | | | 80.5 | | | |
| Short Inseam | 74.5cm | | | | 75 | | | | 75.5 | | | |
| Long Inseam | 84.5cm | | | | 85 | | | | 85.5 | | | |

WOMEN'S NUMERIC-SIZED ACTION SPORTS APPAREL



| Metric | 0 | 1 | 3 | 5 | 7 | 9 | 11 | 13 | 15 |
|--------------|--------|----|------|----|------|-----|-------|-----|-------|
| Size | 0 | 1 | 3 | 5 | 7 | 9 | 11 | 13 | 15 |
| Waist | 63.5cm | 66 | 68.5 | 71 | 73.5 | 76 | 78.5 | 81 | 83.5 |
| Hip | 87.5cm | 90 | 92.5 | 95 | 97.5 | 100 | 102.5 | 105 | 107.5 |
| Reg Inseam | 80cm | | | | | | | | |
| Short Inseam | 75cm | | | | | | | | |
| Long Inseam | 85cm | | | | | | | | |

WOMEN'S EXTENDED NUMERIC-SIZED APPAREL



| Metric | 16W | 18W | 20W | 22W | 24W | 26W |
|--------------|--------|-----|-----|-----|-----|-----|
| Size | 16W | 18W | 20W | 22W | 24W | 26W |
| Waist | 100cm | 105 | 110 | 115 | 120 | 125 |
| Hip | 120cm | 125 | 130 | 135 | 140 | 145 |
| Reg Inseam | 80.5cm | | | | | |
| Short Inseam | 75.5cm | | | | | |
| Long Inseam | 85.5cm | | | | | |

MEN'S APPAREL

Metric



| Size | S | M | L | XL | XXL | XXXL |
|---------------------|---------|--------|---------|---------|---------|---------|
| Chest | 88-96cm | 96-104 | 104-112 | 112-124 | 124-136 | 136-148 |
| Waist | 73-81cm | 81-89 | 89-97 | 97-109 | 109-121 | 121-133 |
| Hip | 88-96cm | 96-104 | 104-112 | 112-120 | 120-128 | 128-136 |
| Reg Inseam | 82.5cm | 83 | 83.5 | 84 | 84.5 | 85 |
| Short Inseam | 77.5cm | 78 | 78.5 | 79 | 79.5 | 80 |
| Long Inseam | 87.5cm | 88 | 88.5 | 89 | 89.5 | 90 |

MEN'S ACTION SPORTS APPAREL

Metric



| Size | S | M | L | XL | XXL |
|---------------------|---------|--------|---------|---------|---------|
| Chest | 94-99cm | 99-104 | 104-109 | 109-117 | 117-124 |
| Waist | 79-84cm | 84-89 | 89-94 | 94-102 | 102-109 |
| Hip | 94-99cm | 99-104 | 104-109 | 109-117 | 117-124 |
| Reg Inseam | 83cm | | | | |
| Short Inseam | 78cm | | | | |
| Long Inseam | 88cm | | | | |

WOMEN'S APPAREL

Metric



| Size | XS | S | M | L | XL | XXL |
|---------------------|---------|-------|--------|---------|---------|---------|
| Bust | 76-83cm | 83-90 | 90-97 | 97-104 | 104-114 | 114-124 |
| Waist | 60-67cm | 67-74 | 74-81 | 81-88 | 88-98 | 98-108 |
| Hip | 84-91cm | 91-98 | 98-105 | 105-112 | 112-120 | 120-128 |
| Reg Inseam | 79.5cm | | 80 | | 80.5 | |
| Short Inseam | 74.5cm | | 75 | | 75.5 | |
| Long Inseam | 84.5cm | | 85 | | 85.5 | |

WOMEN'S ACTION SPORTS APPAREL

Metric



| Size | XS | S | M | L | XL |
|---------------------|-------------|-----------|------------|-------------|-------------|
| Bust | 80-85cm | 85-90 | 90-95 | 95-100 | 100-105 |
| Waist | 61.5-66.5cm | 66.5-71.5 | 71.5-76.5 | 76.5-81.5 | 81.5-86.5 |
| Hip | 85.5-90.5cm | 90.5-95.5 | 95.5-100.5 | 100.5-105.5 | 105.5-110.5 |
| Reg Inseam | 80cm | | | | |
| Short Inseam | 75cm | | | | |
| Long Inseam | 85cm | | | | |

WOMEN'S APPAREL EXTENDED SIZING

Metric



| Size | 1X | 2X | 3X |
|---------------------|-----------|---------|---------|
| Bust | 114-124cm | 124-134 | 134-144 |
| Waist | 98-108cm | 108-118 | 118-128 |
| Hip | 120-128cm | 128-138 | 138-148 |
| Reg Inseam | 80.5cm | | |
| Short Inseam | 75.5cm | | |
| Long Inseam | 85.5cm | | |

MEN'S NUMERIC-SIZED APPAREL

Asian Fit (Metric)



| Size | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 |
|---------------------|------|------|----|------|----|------|-----|-------|-----|-------|-----|
| Waist | 70cm | 72.5 | 75 | 77.5 | 80 | 82.5 | 85 | 87.5 | 90 | 92.5 | 95 |
| Hip | 85cm | 87.5 | 90 | 92.5 | 95 | 97.5 | 100 | 102.5 | 105 | 107.5 | 110 |
| Reg Inseam | 76cm | 77 | 78 | | 79 | | 80 | | 81 | | |
| Short Inseam | 72cm | 73 | 74 | | 75 | | 76 | | 77 | | |
| Long Inseam | 80cm | 81 | 82 | | 83 | | 84 | | 85 | | |

WOMEN'S NUMERIC-SIZED APPAREL

Asian Fit (Metric)



| Size | | 00 | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 |
|---------------------|------|------|------|----|------|------|------|-------|-------|-------|
| Bust | | 72cm | 75.5 | 79 | 82.5 | 86 | 89.5 | 94.5 | 99.5 | 104.5 |
| Waist | | 60cm | 63.5 | 67 | 70.5 | 74 | 77.5 | 81.5 | 85.5 | 89.5 |
| Hip | | 82cm | 85.5 | 89 | 92.5 | 96 | 99.5 | 103.5 | 107.5 | 111.5 |
| Reg Inseam | 74cm | 74.5 | | 75 | | 75.5 | | 76 | | |
| Short Inseam | 70cm | 70.5 | | 71 | | 71.5 | | 72 | | |
| Long Inseam | 78cm | 78.5 | | 79 | | 79.5 | | 80 | | |

MEN'S APPAREL
Western Fit (Metric) 

| Size | S | M | L | XL | XXL | XXXL |
|---------------------|---------|--------|---------|---------|---------|---------|
| Chest | 88-96cm | 96-104 | 104-112 | 112-124 | 124-136 | 136-148 |
| Waist | 73-81cm | 81-89 | 89-97 | 97-109 | 109-121 | 121-133 |
| Hip | 88-96cm | 96-104 | 104-112 | 112-120 | 120-128 | 128-136 |
| Reg Inseam | 82.5cm | 83 | 83.5 | 84 | 84.5 | 85 |
| Short Inseam | 77.5cm | 78 | 78.5 | 79 | 79.5 | 80 |
| Long Inseam | 87.5cm | 88 | 88.5 | 89 | 89.5 | 90 |

WOMEN'S APPAREL
Western Fit (Metric) 

| Size | XS | S | M | L | XL | XXL |
|---------------------|---------|-------|--------|---------|---------|---------|
| Bust | 76-83cm | 83-90 | 90-97 | 97-104 | 104-114 | 114-124 |
| Waist | 60-67cm | 67-74 | 74-81 | 81-88 | 88-98 | 98-108 |
| Hip | 84-91cm | 91-98 | 98-105 | 105-112 | 112-120 | 120-128 |
| Reg Inseam | 79.5cm | | 80 | | 80.5 | |
| Short Inseam | 74.5cm | | 75 | | 75.5 | |
| Long Inseam | 84.5cm | | 85 | | 85.5 | |

MEN'S APPAREL
Asian Fit (Metric) 

| Size | XS | S | M | L | XL | XXL |
|---------------------|-------------|-----------|-----------|------------|-------------|-------------|
| Chest | 81.5-86.5cm | 86.5-91.5 | 91.5-97 | 97-103 | 103-109 | 109-115 |
| Waist | 69.5-74.5cm | 74.5-79.5 | 79.5-85 | 85-91 | 91-97 | 97-103 |
| Hip | 83.5-88.5cm | 88.5-93.5 | 93.5-98.5 | 98.5-103.5 | 103.5-108.5 | 108.5-113.5 |
| Reg Inseam | 76cm | 77 | 78 | 79 | 80 | 81 |
| Short Inseam | 72cm | 73 | 74 | 75 | 76 | 77 |
| Long Inseam | 80cm | 81 | 82 | 83 | 84 | 85 |

WOMEN'S APPAREL
Asian Fit (Metric) 

| Size | XS | S | M | L | XL |
|---------------------|---------|---------|---------|------------|-------------|
| Bust | 76-80cm | 80-84cm | 84-88.5 | 88.5-93.5 | 93.5-98.5 |
| Waist | 64-68cm | 68-72cm | 72-76.5 | 76.5-81.5 | 81.5-86.5 |
| Hip | 86-90cm | 90-94cm | 94-98.5 | 98.5-103.5 | 103.5-108.5 |
| Reg Inseam | 74cm | 74.5cm | 75 | 75.5 | 76 |
| Short Inseam | 70cm | 70.5cm | 71 | 71.5 | 72 |
| Long Inseam | 78cm | 78.5cm | 79 | 79.5 | 80 |

MEN'S ACTION SPORTS APPAREL
Asian Fit (Metric) 

| Size | XS | S | M | L | XL | XXL |
|---------------------|-------------|-----------|-----------|------------|-------------|-------------|
| Chest | 81.5-86.5cm | 86.5-91.5 | 91.5-97 | 97-103 | 103-109 | 109-115 |
| Waist | 69.5-74.5cm | 74.5-79.5 | 79.5-85 | 85-91 | 91-97 | 97-103 |
| Hip | 83.5-88.5cm | 88.5-93.5 | 93.5-98.5 | 98.5-103.5 | 103.5-108.5 | 108.5-113.5 |
| Reg Inseam | 79cm | | | | | |
| Short Inseam | 75cm | | | | | |
| Long Inseam | 83cm | | | | | |

WOMEN'S ACTION SPORTS APPAREL
Asian Fit (Metric) 

| Size | XS | S | M | L | XL |
|---------------------|---------|---------|---------|------------|-------------|
| Bust | 76-80cm | 80-84cm | 84-88.5 | 88.5-93.5 | 93.5-98.5 |
| Waist | 64-68cm | 68-72cm | 72-76.5 | 76.5-81.5 | 81.5-86.5 |
| Hip | 86-90cm | 90-94cm | 94-98.5 | 98.5-103.5 | 103.5-108.5 |
| Reg Inseam | 75cm | | | | |
| Short Inseam | 71cm | | | | |
| Long Inseam | 79cm | | | | |

BRA SIZE CHART



| Cup Size | Ribcage Size (Inches) | | | | | | | |
|----------|-----------------------|----|----|----|----|----|----|----|
| | XS | S | M | L | XL | 1X | 2X | 3X |
| A/B | 30 | 32 | 34 | 36 | 38 | - | - | - |
| B/C | 30 | 32 | 34 | 36 | 38 | 40 | 40 | 40 |
| C/D | 30 | 32 | 34 | 36 | 38 | 40 | 40 | 42 |
| D/E | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 |

BRA SIZE CONVERSION



| If You Wear | Buy Nike Size | If You Wear | Buy Nike Size |
|-------------|---------------|-------------|---------------|
| 30 A | XS A/B | 38 A | XL A/B |
| 30 B | XS B/C | 38 B | XL B/C |
| 30 C | XS B/C or C/D | 38 C | XL B/C or C/D |
| 30 D | XS C/D | 38 D | XL C/D |
| 30 E | XS D/E | 38 E | XL D/E |
| 32 A | S A/B | 40 A | 1X A/B |
| 32 B | S B/C | 40 B | 1X B/C |
| 32 C | S B/C or C/D | 40 C | 1X B/C or C/D |
| 32 D | S C/D | 40 D | 1X C/D |
| 32 E | S D/E | 40 E | 1X D/E |
| 34 A | M A/B | 42 A | 2X A/B |
| 34 B | M B/C | 42 B | 2X B/C |
| 34 C | M B/C or C/D | 42 C | 2X B/C or C/D |
| 34 D | M C/D | 42 D | 2X C/D |
| 34 E | M D/E | 42 E | 2X D/E |
| 36 A | L A/B | 44 A | 3X A/B |
| 36 B | L B/C | 44 B | 3X B/C |
| 36 C | L B/C or C/D | 44 C | 3X B/C or C/D |
| 36 D | L C/D | 44 D | 3X C/D |
| 36 E | L D/E | 44 E | 3X D/E |

BOYS' APPAREL
Inches



| Size | XS | S | M | L | XL |
|---------------|----------|---------|-----------|-----------|-----------|
| Chest | 25.5-26" | 26-27 | 27-29.5 | 29.5-32 | 32-35 |
| Waist | 23.5-24" | 24-25.5 | 25.5-27 | 27-28.5 | 28.5-29.5 |
| Hip | 27-28" | 28-29.5 | 29.5-31.5 | 31.5-33.5 | 33.5-35 |
| Height | 48-50" | 50-54 | 54-58 | 58-62 | 62-67 |
| Age | 6-8 | 8-10 | 10-12 | 12-13 | 13-15 |

GIRLS' APPAREL
Inches



| Size | XS | S | M | L | XL |
|---------------|----------|-------|-------|---------|-----------|
| Chest | 25.5-27" | 27-29 | 29-31 | 31-33.5 | 33.5-36.5 |
| Waist | 23.5-24" | 24-25 | 25-27 | 27-28 | 28-29.5 |
| Hip | 27-29" | 29-31 | 31-33 | 33-35 | 35-37 |
| Height | 48-50" | 50-54 | 54-58 | 58-62 | 62-66 |
| Age | 6-8 | 8-10 | 10-12 | 12-13 | 13-15 |

LITTLE KIDS' APPAREL
Inches





| Size | XS | S | M | L | XL |
|---------------|-----------|----------|-------------|------------|----------|
| Chest | 20.75-22" | 22-23 | 23-24 | 24-24.75 | 24.75-26 |
| Waist | 21.25-22" | 22-22.75 | 22.75-23.25 | 23.25-23.5 | 23.5-24 |
| Hip | 22-23" | 23-24 | 24-24.75 | 24.75-26 | 26-27.5 |
| Height | 38-41" | 41-43 | 43-45.5 | 45.5-48 | 48-50 |
| Age | 3-4 | 4-5 | 5-6 | 6-7 | 7-8 |


INFANT & TODDLER APPAREL
Inches




| Age in Months | 0-3 | 3-6 | 6-9 | 9-12 | 12-18 | 18-24 | 24-36 | - |
|-----------------|------------|-----------|------------|-----------|------------|------------|------------|----------|
| US Toddler Size | - | - | - | - | - | 2T | 3T | 4T |
| Chest | 16.25-17" | 17-17.75 | 17.75-18.5 | 18.5-19 | 19-19.75 | 19.75-20.5 | 20.5-20.75 | 20.75-22 |
| Waist | 16.5-17.5" | 17.5-18.5 | 18.5-19 | 19-19.5 | 19.5-20.25 | 20.25-21 | 21-21.25 | 21.25-22 |
| Hip | 16.5-17.5" | 17.5-18.5 | 18.5-19 | 19-19.5 | 19.5-20.25 | 20.25-21 | 21-22 | 22-23 |
| Height | 23.5-25.5" | 25.5-27.5 | 27.5-29.5 | 29.5-31.5 | 31.5-33.5 | 33.5-35.5 | 35.5-37.5 | 37.5-41 |

| BOYS' APPAREL  | | | | | |
|---|-------------|---------|-----------|-----------|-----------|
| Metric | | | | | |
| Size | XS | S | M | L | XL |
| Chest | 64.5-66cm | 66-69 | 69-75 | 75-81.5 | 81.5-88.5 |
| Waist | 59.5-61.5cm | 61.5-65 | 65-69 | 69-72.5 | 72.5-75.5 |
| Hip | 68.5-71cm | 71-74.5 | 74.5-79.5 | 79.5-84.5 | 84.5-89.5 |
| EMEA Height | 122-128cm | 128-137 | 137-147 | 147-158 | 158-170 |

| GIRLS' APPAREL  | | | | | |
|--|-----------|---------|-----------|-----------|-----------|
| Metric | | | | | |
| Size | XS | S | M | L | XL |
| Chest | 64.5-68cm | 68-73 | 73-79 | 79-85.5 | 85.5-92.5 |
| Waist | 59.5-61cm | 61-64 | 64-68 | 68-71.5 | 71.5-74.5 |
| Hip | 68.5-73cm | 73-78.5 | 78.5-83.5 | 83.5-88.5 | 88.5-93.5 |
| EMEA Height | 122-128cm | 128-137 | 137-146 | 146-156 | 156-166 |

| LITTLE KIDS' APPAREL  | | | | | |
|--|----------|---------|---------|---------|---------|
| Metric | | | | | |
| Size | XS | S | M | L | XL |
| Chest | 53-56cm | 56-59 | 59-61 | 61-63 | 63-66 |
| Waist | 54-56cm | 56-58 | 58-59 | 59-60 | 60-61 |
| Hip | 56-59cm | 59-61 | 61-63 | 63-66 | 66-70 |
| Height | 96-104cm | 104-110 | 110-116 | 116-122 | 122-128 |
| Age | 3-4 | 4-5 | 5-6 | 6-7 | 7-8 |

| INFANT & TODDLER APPAREL  | | | | | | | |
|---|---------|-------|-------|-------|-------|-------|-------|
| Metric | | | | | | | |
| Age in Months | 0-3 | 3-6 | 6-9 | 9-12 | 12-18 | 18-24 | 24-36 |
| Chest | 41-43cm | 43-45 | 45-47 | 47-48 | 48-50 | 50-52 | 52-53 |
| Waist | 42-45cm | 45-47 | 47-48 | 48-50 | 50-52 | 52-54 | 54-54 |
| Hip | 42-45cm | 45-47 | 47-48 | 48-50 | 50-52 | 52-54 | 54-56 |
| Height | 60-65cm | 65-70 | 70-75 | 75-80 | 80-85 | 85-90 | 90-96 |

MEN'S FOOTWEAR SIZING 

| US | UK | Europe | CM |
|------|------|--------|------|
| 6 | 5.5 | 38.5 | 24 |
| 6.5 | 6 | 39 | 24.5 |
| 7 | 6 | 40 | 25 |
| 7.5 | 6.5 | 40.5 | 25.5 |
| 8 | 7 | 41 | 26 |
| 8.5 | 7.5 | 42 | 26.5 |
| 9 | 8 | 42.5 | 27 |
| 9.5 | 8.5 | 43 | 27.5 |
| 10 | 9 | 44 | 28 |
| 10.5 | 9.5 | 44.5 | 28.5 |
| 11 | 10 | 45 | 29 |
| 11.5 | 10.5 | 45.5 | 29.5 |
| 12 | 11 | 46 | 30 |
| 13 | 12 | 47.5 | 31 |
| 14 | 13 | 48.5 | 32 |
| 15 | 14 | 49.5 | 33 |
| 16 | 15 | 50.5 | 34 |
| 17 | 16 | 51.5 | 35 |
| 18 | 17 | 52.5 | 36 |

Women's to men's size conversion: go down 1 size

WOMEN'S FOOTWEAR SIZING 

| US | UK | Europe | CM |
|------|-----|--------|------|
| 5 | 2.5 | 35.5 | 22 |
| 5.5 | 3 | 36 | 22.5 |
| 6 | 3.5 | 36.5 | 23 |
| 6.5 | 4 | 37.5 | 23.5 |
| 7 | 4.5 | 38 | 24 |
| 7.5 | 5 | 38.5 | 24.5 |
| 8 | 5.5 | 39 | 25 |
| 8.5 | 6 | 40 | 25.5 |
| 9 | 6.5 | 40.5 | 26 |
| 9.5 | 7 | 41 | 26.5 |
| 10 | 7.5 | 42 | 27 |
| 10.5 | 8 | 42.5 | 27.5 |
| 11 | 8.5 | 43 | 28 |
| 11.5 | 9 | 44 | 28.5 |
| 12 | 9.5 | 44.5 | 29 |

Women's to men's size conversion: go down 1 size

AGE GUIDELINES 

| Age | Average Shoe Size |
|-------------|-------------------|
| 0-3 Months | 0C-2C |
| 6 Months | 3C-4C |
| 1 Year | 5C-6C |
| 18 Months | 6C-7C |
| 2-2½ Years | 7C-8C |
| 3-4 Years | 9C-10C |
| 5-6 Years | 11C-12C |
| 7-8 Years | 12C-13C |
| 9-10 Years | 1Y-2Y |
| 11-13 Years | 3Y-7Y |

PRESCHOOL Kids 4-6 Years Old* 

| US | UK | Europe | CM |
|-------|------|--------|------|
| 10.5C | 10 | 27.5 | 16.5 |
| 11C | 10.5 | 28 | 17 |
| 11.5C | 11 | 28.5 | 17.5 |
| 12C | 11.5 | 29.5 | 18 |
| 12.5C | 12 | 30 | 18.5 |
| 13 | 12.5 | 31 | 19 |
| 13.5C | 13 | 31.5 | 19.5 |
| 1Y | 13.5 | 32 | 20 |
| 1.5Y | 1 | 33 | 20.5 |
| 2Y | 1.5 | 33.5 | 21 |
| 2.5Y | 2 | 34 | 21.5 |
| 3Y | 2.5 | 35 | 22 |

*General age ranges

GRADE SCHOOL Kids 6+ Years Old* 

| US | UK | Europe | CM |
|------|-----|--------|------|
| 3.5Y | 3 | 35.5 | 22.5 |
| 4Y | 3.5 | 36 | 23 |
| 4.5Y | 4 | 36.5 | 23.5 |
| 5Y | 4.5 | 37.5 | 23.5 |
| 5.5Y | 5 | 38 | 24 |
| 6Y | 5.5 | 38.5 | 24 |
| 6.5Y | 6 | 39 | 24.5 |
| 7Y | 6 | 40 | 25 |

*General age ranges

INFANT/TODDLER Kids Under 4 Years Old* 

| US | UK | Europe | CM |
|------|-----|--------|------|
| 2C | 1.5 | 17 | 8 |
| 2.5C | 2 | 18 | 8.5 |
| 3C | 2.5 | 18.5 | 9 |
| 3.5C | 3 | 19 | 9.5 |
| 4C | 3.5 | 19.5 | 10 |
| 4.5C | 4 | 20 | 10.5 |
| 5C | 4.5 | 21 | 11 |
| 5.5C | 5 | 21.5 | 11.5 |
| 6C | 5.5 | 22 | 12 |
| 6.5C | 6 | 22.5 | 12.5 |
| 7C | 6.5 | 23.5 | 13 |
| 7.5C | 7 | 24 | 13.5 |
| 8C | 7.5 | 25 | 14 |
| 8.5C | 8 | 25.5 | 14.5 |
| 9C | 8.5 | 26 | 15 |
| 9.5C | 9 | 26.5 | 15.5 |
| 10C | 9.5 | 27 | 16 |

*General age ranges

GRADE SCHOOL



ZY
6Y
5Y
4Y

6.5Y
5.5Y
4.5Y
3.5Y

Y=Youth



Align child's heel on this line while standing.

FIT TIPS

- Measure your child's foot on a hard surface (not carpet)
- Measure your child's foot while he/she is standing (not sitting)
- Have your child wear socks they would normally wear
- If your child's foot measures in between two sizes, buy the larger size

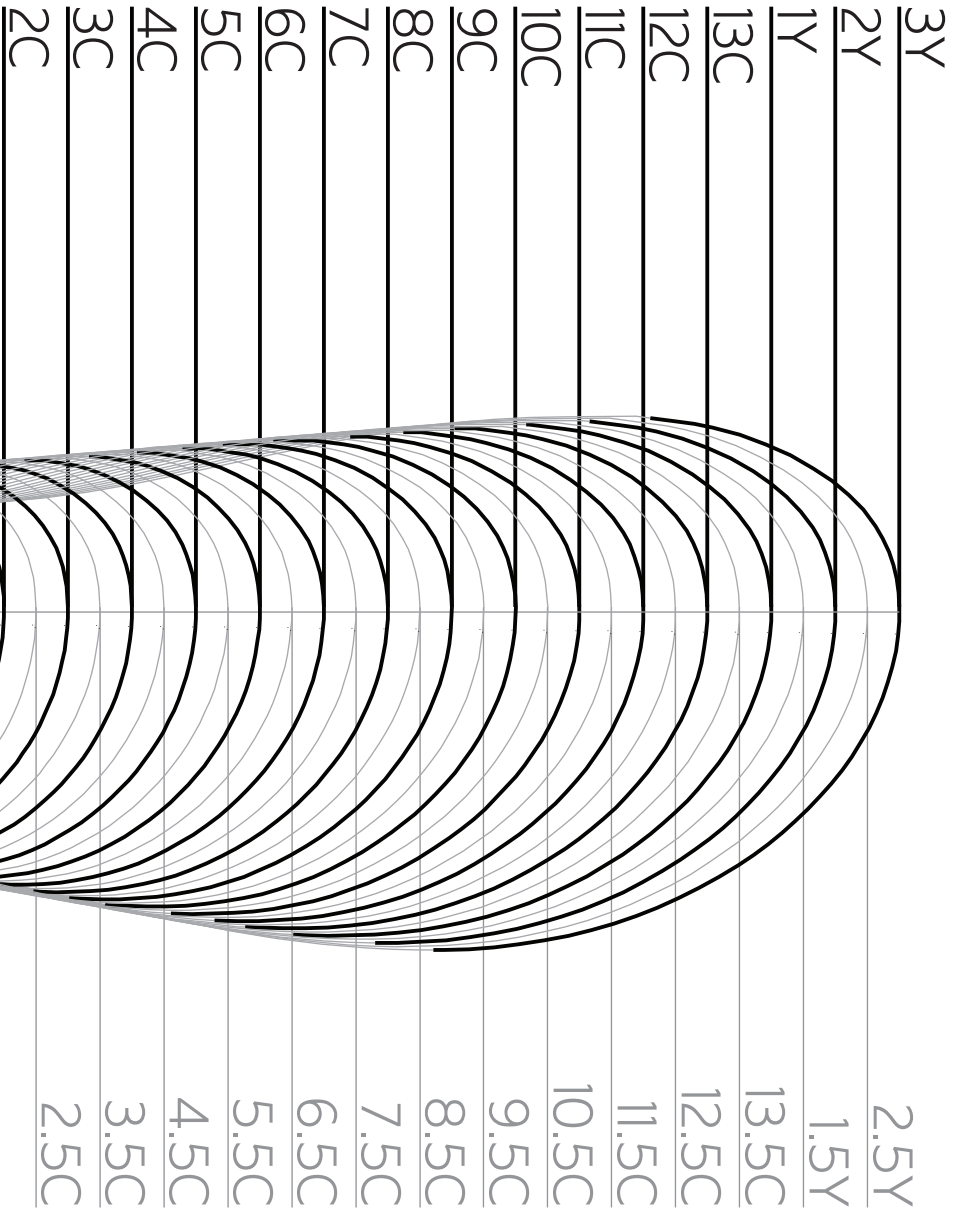
SCALE CONFIRMATION

When printed to correct scale (100%) these lines must measure 1.5"

1.5"

1.5"

INFANT/TODDLER/PRESCHOOL



C=Child
Y=Youth

FIT TIPS

- Measure your child's foot on a hard surface (not carpet)
- Measure your child's foot while he/she is standing (not sitting)
- Have your child wear socks they would normally wear
- If your child's foot measures in between two sizes, buy the larger size

Align child's heel on this line while standing.

SCALE CONFIRMATION

When printed to correct scale (100%) these lines must measure 1.5".

1.5"

1.5"

SOCKS 

| ADULT SOCK SIZE CHART | | |
|-----------------------------|-----------------|--------------------|
| Sock Size | US Shoe Size | European Shoe Size |
| S | W 4-6 | 34-38 |
| M | M 6-8, W 6-10 | 38-42 |
| L | M 8-12, W 10-13 | 42-46 |
| XL | M 12-15 | 46-50 |
| KIDS SOCK SIZE CHART | | |
| Sock Size | US Shoe Size | European Shoe Size |
| M | 3Y-5Y | 34-38 |
| L | 5Y-7Y | 38-42 |
| LITTLE KIDS SOCK SIZE CHART | | |
| Sock Size | US Shoe Size | European Shoe Size |
| XXS | 7C-10C | 26-30 |
| XS | 9C-13C | 30-34 |
| S | 13C-3Y | 34-38 |

BASKETBALLS 

| | Circumference | Ounces |
|-------------------------|---------------|--------|
| Men's (Size 7) | 29.5-30" | 20-22 |
| Women's (Size 6) | 28.5-29" | 18-20 |
| Youth (Size 5) | 27-28" | 16-18 |
| Mini (Size 3) | 22-22.5" | 12-14 |


FOOTBALLS (US) 


| | |
|--------------------------|---|
| Official (Size 9) | Size approved for High School, Collegiate and Pro Use |
| Youth (Size 8) | Ages 12-14 |
| Junior (size 7) | Ages 10-12 |
| Pee Wee (Size 6) | Ages 9 and younger |

SOCCER BALLS (US) 

| | Circumference | Age |
|------------------------------|---------------|---|
| Skills Balls (Size 1) | 18-20" | Any age, used for developing footwork skills and ball control |
| Junior (Size 3) | 23-24" | Age 8 and younger |
| Youth (Size 4) | 25-26" | Age 8 -12 |
| Adult (Size 5) | 27-28" | Age 13 and older |


| SOCKS  | | |
|---|-----------------|--------------------|
| ADULT SOCK SIZE CHART | | |
| Sock Size | US Shoe Size | European Shoe Size |
| S | W 4-6 | 34-38 |
| M | M 6-8, W 6-10 | 38-42 |
| L | M 8-12, W 10-13 | 42-46 |
| XL | M 12-15 | 46-50 |
| KIDS SOCK SIZE CHART | | |
| Sock Size | US Shoe Size | European Shoe Size |
| M | 3Y-5Y | 34-38 |
| L | 5Y-7Y | 38-42 |
| LITTLE KIDS SOCK SIZE CHART | | |
| Sock Size | US Shoe Size | European Shoe Size |
| XXS | 7C-10C | 26-30 |
| XS | 9C-13C | 30-34 |
| S | 13C-3Y | 34-38 |

| BASKETBALLS  | | |
|---|---------------|--------|
| | Circumference | Ounces |
| Men's (Size 7) | 29.5-30" | 20-22 |
| Women's (Size 6) | 28.5-29" | 18-20 |
| Youth (Size 5) | 27-28" | 16-18 |
| Mini (Size 3) | 22-22.5" | 12-14 |

| FOOTBALLS  | | |
|---|---------------|---|
| | Circumference | Age |
| Skills Balls (Size 1) | 18-20" | Any age, used for developing footwork skills and ball control |
| Junior (Size 3) | 23-24" | Age 8 and younger |
| Youth (Size 4) | 25-26" | Age 8 -12 |
| Adult (Size 5) | 27-28" | Age 13 and older |

| SOCKS (JAPAN-SPECIFIC)  | |
|--|-------------|
| ADULT SOCK SIZE CHART | |
| Sock Size | Centimeters |
| S | 21-23 |
| M | 23-25 |
| L | 25-27 |
| XL | 27-29 |
| KIDS SOCK SIZE CHART | |
| Sock Size | Centimeters |
| XXS | 17-19 |
| XS | 19-21 |
| S | 21-23 |

| SOCKS (CHINA-SPECIFIC)  | |
|---|-------------|
| ADULT SOCK SIZE CHART | |
| Sock Size | Centimeters |
| S | 20-22 |
| M | 22-24 |
| L | 24-26 |
| XL | 26-28 |
| KIDS SOCK SIZE CHART | |
| Sock Size | Centimeters |
| XXS | 16-18 |
| XS | 18-20 |
| S | 20-22 |

| SOCKS (AP-SPECIFIC)  | |
|---|-------------|
| ADULT SOCK SIZE CHART | |
| Sock Size | Centimeters |
| S | 21-24 |
| M | 24-27 |
| L | 27-30 |
| XL | 30-33 |
| KIDS SOCK SIZE CHART | |
| Sock Size | Centimeters |
| XXS | 12-15 |
| XS | 15-18 |
| S | 18-21 |

BASEBALL BAT LENGTH GUIDELINES

Based on Weight and Height



| Your Height (Inches) | 36-40 | 41-44 | 45-48 | 49-52 | 53-56 | 57-60 | 61-64 | 65-68 | 69-72 | 73+ |
|-----------------------------|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|-----|
| Your Weight (Pounds) | Bat Length | | | | | | | | | |
| Less Than 60 | 26" | 27" | 28" | 29" | 29" | | | | | |
| 61-70 | 27" | 27" | 28" | 29" | 30" | 30" | | | | |
| 71-80 | | 28" | 28" | 29" | 30" | 30" | 31" | | | |
| 81-90 | | 28" | 29" | 29" | 30" | 30" | 31" | 32" | | |
| 91-100 | | 28" | 29" | 30" | 30" | 31" | 31" | 32" | | |
| 101-110 | | 29" | 29" | 30" | 30" | 31" | 31" | 32" | | |
| 111-120 | | 29" | 29" | 30" | 30" | 31" | 31" | 32" | 33" | |
| 121-130 | | 29" | 29" | 30" | 30" | 31" | 32" | 33" | 33" | |
| 131-140 | | 29" | 30" | 30" | 31" | 31" | 32" | 33" | 33" | |
| 141-150 | | | 30" | 30" | 31" | 31" | 32" | 33" | 33" | |
| 151-160 | | | 30" | 31" | 31" | 32" | 32" | 33" | 33" | 33" |
| 161-170 | | | | 31" | 31" | 32" | 32" | 33" | 33" | 34" |
| 171-180 | | | | | | 32" | 33" | 33" | 34" | 34" |
| 180+ | | | | | | | 33" | 33" | 34" | 34" |

BASEBALL BAT LENGTH GUIDELINES

Based on Age



| Age | Bat Length |
|-----------------|------------|
| 5 Years Old | 24-26" |
| 8-9 Years Old | 26-28" |
| 10 Years Old | 28-29" |
| 11-12 Years Old | 30-31" |
| 13-14 Years Old | 31-32" |
| 15-16 Years Old | 32-33" |
| 17+ | 32-34" |

BASEBALL GLOVE SIZE GUIDELINES



| Age | Position | Glove Size |
|-------------------|----------|--|
| 5-6 | General | 10 to 10½ Inch (Youth Model) |
| 7-8 | General | 10½ to 11 Inch (Youth Model) |
| 9-12 | General | 11 to 11½ Inch (Youth Model) |
| High School/Adult | Infield | 11 to 11½ Inch |
| High School/Adult | Outfield | 12 to 12½ Inch |
| Adult (Softball) | | 9 to 14 Inch To accommodate the larger ball |

NFL AUTHENTIC JERSEYS
Inches 

| Size | 40 | 44 | 48 | 52 | 56 | 60 |
|--------------|----------|-------|---------|-----------|-----------|---------|
| Chest | 37.5-41" | 41-44 | 44-48.5 | 48.5-53.5 | 53.5-58 | 58-63 |
| Waist | 32-35" | 35-38 | 38-43 | 43-47.5 | 47.5-52.5 | 52.5-57 |
| Hip | 37.5-41" | 41-44 | 44-47 | 47-50.5 | 50.5-53.5 | 53.5-57 |

NFL AUTHENTIC JERSEYS
Metric 

| Size | 40 | 44 | 48 | 52 | 56 | 60 |
|--------------|----------|---------|---------|---------|---------|---------|
| Chest | 96cm-104 | 104-112 | 112-124 | 124-136 | 136-148 | 148-160 |
| Waist | 81cm-89 | 89-97 | 97-109 | 109-121 | 121-133 | 133-145 |
| Hip | 98cm-104 | 104-112 | 112-120 | 120-128 | 128-136 | 136-144 |