

Sizing by Body Measurements

MEN		XS	S	M	L	XL	XXL	XXXL
Chest	inch	33-35	36-38	39-41	42-44	45-47	48-50	51-53
	cm	84-89	91,5-96,5	99-104	106,5-112	114,5-119,5	122-127	129,5-134,5
Neck	inch	13,5-14	14,5-15	15,5-16	16,5-17	17,5-18	18,5-19	19,5-20
	cm	34,5-35,5	36,5-38	39,5-40,5	42-43	44,5-45,5	47-48,5	49,5-51
Sleeve	inch	30-31	32-33	34-35	35-36	36-37	37-38	37-38
	cm	76-78,5	81-84	86,5-89	89-91,5	91,5-94	94-96,5	94-96,5
Waist	inch	25-27	28-30	31-33	34-36	37-39	40-43	44-46
	cm	63,5-68,5	71-76	78,5-84	86,5-91,5	94-99	101,5-109	112-117
Hip	inch	34-36	37-39	40-42	43-45	46-48	49-51	52-54
	cm	86,5-91,5	94-99	101,5-106,5	109-114,5	117-122	124,5-129,5	132-137
Inseam*	inch	28-30	31	32	33	34	34,5	34,5
	cm	71	75	78,5	82,5	84	87,5	87,5

Men's Inseam: SHORT 30 REG 32 LONG 34

* PANTS with multiple inseams (Outerwear)

WOMEN		XS	S	M	L	XL
Size	US	4	6	8	10	12
Chest	inch	31-33	33-35	35-37	38-40	41-43
	cm	78,5-84	84-89	89-94	96,5-101,5	104-109
Sleeve	inch	30-31	31-32	32-33	34-35	36-37
	cm	76-78,5	78,5-81,5	81,5-84	86,5-89	91,5-94
Waist	inch	23-25	25-27	27-29	30-32	33-35
	cm	58,5-63,5	63,5-68,5	68,5-73,5	76-81,5	84-89
Hip	inch	34-36	36-38	38-40	41-43	44-46
	cm	86,5-91,5	91,5-96,5	96,5-101,5	104-109	112-117
Inseam*	inch	29	30	31	32	32,5
	cm	70	72,5	76	80	81,5

Women's Inseam: SHORT 29 REG 31 LONG 33

* PANTS with multiple inseams (Outerwear)

KIDS		XS	S	M	L	XL
Size	US	4-5	6-7	8-9	10-12	13-15
	EU	116	128	140	152	164
Age	4-5	6-7	8-9	10-12	13-15	
Chest	inch	24-26	26-28	28-30	30-32	32-34
	cm	61-66	66-71	71-76	76-81	81-86
Waist	inch	19-21	21-23	23-25	25-27	27-29
	cm	48-53	53-58	58-63,5	63,5-69	69-74
Hip	inch	24-26	26-28	28-30	30-32	32-34
	cm	61-66	66-71	71-76	76-81	81-86
Inseam	inch	17-18	19-20	21-22	23-25	26-28
	cm	43-46	48-51	53-56	58-63,5	66-71
Sleeve	inch	22-24	24-25	25-26	26-28	28-30
	cm	56-61	61-63,5	63,5-66	66-71	71-76
Height	inch	36-42	42-48	48-54	54-60	60-65
	cm	91,5-106,5	106,5-122	122-137	137-152,5	152,5-165
Weight	lbs	35-42	42-50	50-60	70-90	90-115
	Kg	16-19	19-22,5	22,5-27	32-41	41-52

GLOVES		XS	S	M	L	XL	XXL
Men (girth)	inch	6,5-7	7-7,5	8-8,5	9-9,5	10-10,5	11-11,5
	cm	16,5-18	18-19	20,5-22	23-24,5	25,5-27	28-29,5
Women (girth)	inch	5,5-6	6-6,5	6,5-7	7,5-8	8,5-9	--
	cm	14-15	15-16,5	16,5-17,5	19-20	21,5-23	--
Kids	inch	4,5	5	5,5	6	6,6	--
	cm	11,5	13	14	15	17	--

CARE INSTRUCTIONS

Marmot® does not recommend dry cleaning for any of its products. GO-RE-TEX® fabric products, MemBrain® fabric products, goose down insulated products and fleece are all machine washable. Always follow the wash & care instructions sewn into each Marmot® product. You will also find care instructions and videos online: marmot.com/content/product-info/care.

FIT INFORMATION

Measurements are body measurements, not garment measurements. Marmot® jackets, parkas and pants are sized as outerwear: larger than sportswear to allow for performance, movement, layering, and comfort. Sweaters will fit less generously than jackets or parkas. Shirts will fit less generously than sweaters. Our garment names are more than identification; they describe the fit specifications as well. All Marmot® garments will fit more generously than non-active wear because we pattern and grade all garments for active use: reaching, bending, stretching.