

Age group/Youth	Age	Handball – Size
Bambinies	ca. under 6 Years	00
(inofficial size)	ca. 6 – 8 Years	0
female youth: C, D, E	8 – 14 Years	1
male youth: D, E	8 – 12 Years	1
female, female youth: A, B	14 Years and more	2
Youth: C, B	12 – 16 Years	2
Youth - Men	16 Years and more	3
Men	18 Years and more	3

Our match and trainingsballs are in accordance with the highest quality requirements of the International Handball Federation (IHF) concerning circumference, roundness, weight and rebound.

The sizes above are based on the requirements for the German leagues.