

# SIZING GUIDE **WOMEN'S**

## SIZING *Measurements refer to body size, not garment dimensions.*

In instances when your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

### UPPER BODY MEASUREMENTS

WOMAN (INCHES)	WXS	WS	WM	WL	WXL
BUST	32½	34½	37	39½	42
HEIGHT	5' 5½	5' 6	5' 6½	5' 7	5' 7½

WOMAN (CM)	WXS	WS	WM	WL	WXL
BUST	82.0	88.0	94.0	100.0	107.0
HEIGHT	167.0	168.0	169.0	170.0	171.0

#### HOW TO MEASURE:

BUST	Place tape measure across your back, underneath your arms and then across the widest point on the bust. Don't 'squash' yourself.
HEIGHT	This is your true height, without the assistance of shoes.

In instances when your body measurements for bust and height are in two different suggested sizes, we recommend going with the size from your bust measurement.

### LOWER BODY MEASUREMENTS

WOMAN (INCHES)	WXS	WS	WM	WL	WXL
WAIST	26½	27½	30	32½	35
HIP	35½	37¾	40	42	44½

WOMAN (CM)	WXS	WS	WM	WL	WXL
WAIST	67.0	70.0	76.0	82.0	89.0
HIP	90.0	96.0	102.0	107.0	113.0

WOMAN (INCHES)	WXS	WS	WM	WL	WXL			
WOVEN BOTTOMS SIZES	26	27	28	29	30	31	32	33

#### HOW TO MEASURE:

WAIST	Measure the smallest part of the torso.
HIP	Place the measuring tape around the body at the fullest part of the hip, feet together.

In instances when your body measurements for waist and hip are in different suggested sizes, we recommend going with the size from your hip measurement.

### FIT ON BODY



# SIZING GUIDE MEN'S

## SIZING *Measurements refer to body size, not garment dimensions.*

In instances when your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

### UPPER BODY MEASUREMENTS

MAN (INCHES)	S	M	L	XL	XXL
CHEST	35½	38¾	42	45	48½
HEIGHT	5' 10	5' 10¾	5' 11½	6' 0¼	6' 1

MAN (CM)	S	M	L	XL	XXL
CHEST	90.5	98.5	106.5	114.5	122.5
HEIGHT	177.5	179.5	181.5	183.5	185.5

#### HOW TO MEASURE:

CHEST	Place tape measure across your back, underneath your arms and then across the fullest part of the chest.
HEIGHT	This is your true height, without the assistance of shoes.

In instances when your body measurements for chest and height are in two different suggested sizes, we recommend going with the size from your chest measurement.

### LOWER BODY MEASUREMENTS

MAN (INCHES)	S	M	L	XL	XXL
WAIST	30½	33¾	36	38¾	41½
HIP	37	39½	42	44½	47

MAN (CM)	S	M	L	XL	XXL
WAIST	77.5	84.5	91.5	98.5	105.5
HIP	93.5	100.0	106.5	113.0	119.5

MAN (INCHES)	S	M	L	XL			
WOVEN BOTTOMS SIZES	28	30	32	34	36	38	40

#### HOW TO MEASURE:

WAIST	Measure at your navel.
HIP	Place the measuring tape around the body at the fullest part of the hip, feet together.

In instances when your body measurements for waist and hip are in different suggested sizes, we recommend going with the size from your hip measurement.

### FIT ON BODY



# SIZING GUIDE KIDS

## SIZING *Measurements refer to body size, not garment dimensions.*

In instances when your body measurements are midway between two sizes, go to the smaller size for a tighter fit or the larger size for a looser fit.

### UPPER BODY MEASUREMENTS

KIDS (INCHES)	1	2	3-4	5-6	7-8	9-10	11-12	13-14
CHEST	19¼ - 21¼	21¼ - 22¾	22¾ - 24½	24½ - 26	26 - 27½	27½ - 29¼	29¼ - 30¾	30¾ - 32¼
HEIGHT	2' 7½ - 2' 10¾	2' 10¾ - 3' 3¾	3' 3¾ - 3' 9	3' 9 - 4' 1½	4' 1½ - 4' 5½	4' 5½ - 4' 9½	4' 9½ - 5' 1½	5' 1½ - 5' 6

KIDS (CM)	1	2	3-4	5-6	7-8	9-10	11-12	13-14
CHEST	50-54	54-58	58-62	62-66	66-70	70-74	74-78	78-82
HEIGHT	80-88	88-100	100-114	114-126	126-136	136-146	146-156	156-166

#### HOW TO MEASURE:

CHEST	Place tape measure across your back, underneath your arms and then across the fullest part of the chest.
HEIGHT	This is your true height, without the assistance of shoes.

In instances when your body measurements for chest and height are in two different suggested sizes, we recommend going with the size from your chest measurement.

### LOWER BODY MEASUREMENTS

KIDS (INCHES)	1	2	3-4	5-6	7-8	9-10	11-12	13-14
WAIST	19¾ - 20½	20½ - 21¼	21¼ - 22	22 - 22¾	22¾ - 23 ½	23 ½ - 24½	24½ - 25 ¼	25 ¼ - 26
HIP	19¾ - 21¼	21¼ - 22¾	22¾ - 24½	24½ - 26	26 - 27½	27 ½ - 29¼	29¼ - 30¾	30¾ - 32¼

KIDS (CM)	1	2	3-4	5-6	7-8	9-10	11-12	13-14
WAIST	50-52	52-54	54-56	56-58	58-60	60-62	62-64	64-66
HIP	50-54	54-58	58-62	62-66	66-70	70-74	74-78	78-82

#### HOW TO MEASURE:

WAIST	Measure at your navel.
HIP	Place the measuring tape around the body at the fullest part of the lower hip, feet together.

In instances when your body measurements for waist and hip are in different suggested sizes, we recommend going with the size from your hip measurement.

# SIZING GUIDE SOCKS

## SOCKS SIZING

WOMAN	WS	WM	WL	OS
USA	5.5-7	7.5-9	9.5-11	6-10.5
UK	3-4.5	5-6.5	7-8.5	3.5-8
EURO	35-37	38-40	41-43	36-42

MAN	S	M	L	XL	OS
USA	7-8.5	9-10.5	11-12.5	13-14.5	9-13
UK	6-7.5	8-9.5	10-11.5	12-13.5	8-12
EURO	39-41.5	42-44	44.5-46.5	47-49	42-47

KIDS	S	M	L	XL	XXL
USA	8-9.5	10-11.5	12-1.5	2-4	4.5-6.5
UK	6.5-8	8.5-10.5	11-13.5	1-3	3-5
EURO	24-26	27-29	30-32	33-36	35.5-37.5

## SOCK HEIGHT GUIDE



## COMPRESSION CALF SLEEVE SIZING

UNISEX	S	M	L	XL
CM	32-35	36-39	40-43	44-49
INCHES	12½-14	14-15½	15½-17	17-19

Measure your calf at the widest point; if you are between sizes, we suggest you size down.