

## WETSUIT SIZE GUIDE

METRIC (CM/KG) | IMPERIAL (IN/LBS)

*JUST A QUICK TIP... IF IN DOUBT GO UP A SIZE*

SIZE	HEIGHT	WEIGHT	BUILD
XS	145 - 165	50 - 60	EXTRA SMALL
ST	173 - 188	54 - 64	SMALL   TALL
S	160 - 175	59 - 70	SMALL
SMT	173 - 188	68 - 76	SMALL   MED   TALL
M	170 - 190	67 - 80	MEDIUM
MT	180 - 196	68 - 81	MEDIUM   TALL
ML	178 - 197	75 - 85	MEDIUM   LARGE
L	180 - 198	83 - 95	LARGE
XL	183 - 208	90 - 103	EXTRA LARGE
XXL	185 - 208	100+	EXTRA EXTRA LARGE
SS	170 - 190	83 - 95	SHORT   STOCKY

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SIZE	HEIGHT	WEIGHT	BUILD
XS	4'9" - 5'3"	110 - 132	EXTRA SMALL
ST	5'8" - 6'0"	119 - 139	SMALL   TALL
S	5'3" - 5'7"	130 - 154	SMALL
SMT	5'8" - 6'0"	150 - 167	SMALL   MED   TALL
M	5'7" - 6'1"	148 - 176	MEDIUM
MT	5'11" - 6'3"	150 - 179	MEDIUM   TALL
ML	5'10" - 6'3"	166 - 187	MEDIUM   LARGE
L	5'11" - 6'4"	183 - 209	LARGE
XL	6'0" - 6'8"	199 - 229	EXTRA LARGE
XXL	6'1" - 6'8"	219+	EXTRA EXTRA LARGE
SS	5'7" - 6'1"	182 - 209	SHORT   STOCKY