

MALE SIZING

SIZE	HEIGHT (ft/in)	WEIGHT (lbs)	BUILD	HEIGHT (cm)	WEIGHT (kg)
XS	4'10" - 5'4"	111-133	extra small	147-160	50-60
S	5'4" - 5'9"	131-155	small	160-170	60-70
M	5'8" - 6'1'	152-177	medium	172-184	69-80
ML	5'11" - 6'3"	170-180	medium/large	182-190	77-85
L	5'11" - 6'4"	182-210	large	184-194	83-95
XL	6'0" - 6'6"	209+	extra large	185-200	95+

WOMENS SIZING

SIZE	HEIGHT (ft/in)	WEIGHT (lbs)	BUILD	HEIGHT (cm)	WEIGHT (kg)
S	4'10" - 5'3"	103-116	small	147-160	47-53
M	5'3" - 5'9"	118-136	medium	160-175	54-62
ML	5'6" - 5'9"	127-142	medium/large	167-175	58-65
L	5'8" - 5'11"	138-158	large	172-180	63-72