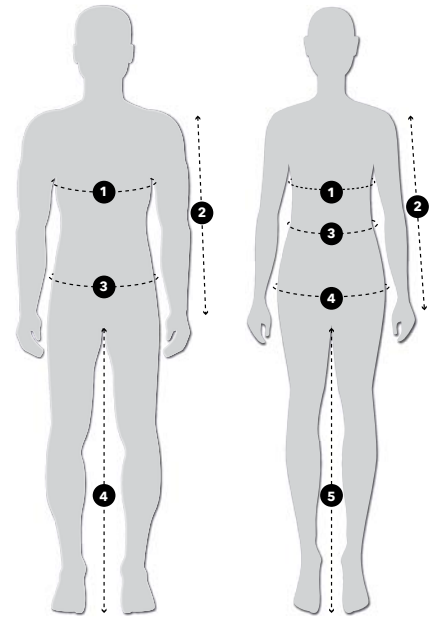


MEN - BODY MEASUREMENTS

HART UPPERS REGULAR SIZE		S	M	L	XL	XXL	3XL	4XL			
1	CHEST (CM)	96	102	106	112	118	124	130			
2	ARM (CM)	62	63	65	67	68	69	71			
HART TROUSERS REGULAR SIZE		38	40	42	44	46	48	50	52	54	56
3	WAIST (CM)	78	82	86	90	94	98	104	108	112	116
4	LEG (CM)	79	79	80	81	82	83	84	85	86	87
HART TROUSERS XTRA SIZE		26	27	28	56/29	58/30					
3	WAIST (CM)	104	108	112	116	120					
4	LEG (CM)	77	78	79	82	84					

XTRA SIZE. Large waist / Short leg



WOMEN - BODY MEASUREMENTS

HART UPPERS REGULAR SIZE		S	M	L	XL	
1	CHEST (CM)	88	92	96	102	
2	ARM (CM)	59	60	61	62	
HART TROUSERS REGULAR SIZE		36	38	40	42	44
3	WAIST (CM)	70	74	80	82	86
4	HIP (CM)	96	100	104	108	112
5	LEG (CM)	77	78	79	80	81

CHEST. Wrap a measuring tape around the highest position of body under your arms.

ARM. From shoulder with your arm slightly bent, follow the tape around to your wrist bone.

WAIST. Wrap a measuring tape around your natural waistline, or in the position you usually wear your trousers.

HIP. Wrap a measuring tape around your hip.

LEG. Should be measured from crotch to the floor. For this it is best to take an existing pair of pants you like and measure along the garment inseam from the crotch seam to the hem.

MEN'S CLOTHING

UPPER GARMENTS (JACKETS, PULLOVERS, SWEATERS)

HART SIZE	S	M	L	XL	XXL	3XL	4XL
GERMANY / SCANDINAVIA	46	48	50	52	54	56	58
SPAIN / FRANCE / ITALY / PORTUGAL	46	48	50	52	54	56	58
UK	36	38	40	42	44	46	48

TROUSERS (REGULAR SIZE)

HART SIZE	38	40	42	44	46	48	50	52	54	56
GERMANY / SCANDINAVIA	44	46	48	50	52	54	56	58	60	62
SPAIN / FRANCE / PORTUGAL	38	40	42	44	46	48	50	52	54	56
ITALY	42	44	46	48	50	52	54	56	58	60
UK	28	30	32	34	36	38	40	42	44	46
INTERNATIONAL	XS	S	M	L	XL	XXL	3XL	4XL		

TROUSERS (XTRA SIZE)

HART SIZE	26	27	28	29	30
GERMANY	26	27	28	29	30
SPAIN / FRANCE / PORTUGAL	50S	52S	54S	56S	58S
SCANDINAVIA	104	108	112	116	120
UK	40"S	42"S	44"S	46"S	48"S

SHIRTS

HART SIZE	S	M	L	XL	XXL	3XL
SCANDINAVIA	39/40	41/42	43/44	45/46	47	

WOMEN'S CLOTHING

UPPER GARMENTS (JACKETS)

HART SIZE	S	M	L	XL
GERMANY / SCANDINAVIA	36	38	40	42
SPAIN / FRANCE / PORTUGAL	36	38	40	42
UK	8	10	12	14

TROUSERS (REGULAR SIZE)

HART SIZE	36	38	40	42
GERMANY / SCANDINAVIA	36	38	40	42
SPAIN / FRANCE / PORTUGAL	36	38	40	42
UK	8	10	12	14
INTERNATIONAL	S	M	L	XL