

# Size Guide

## Choosing a size

An ideal time to start using a Grobag baby sleep bag is when your baby weighs more than 8lbs 13oz (0-6 mths size). Your child's head should not be able to pass through the neck hole when the Grobag is fastened; otherwise the Grobag is too big. Remember to check the weight of your child.

*Please remember that these are recommendations only as all babies are different.*

Approximate child age	Minimum child weight	Child height
0-6 months	4kg / 8lbs 13oz	50-65cm
6-18 months	8.1kg / 18lb	65-80cm
18-36 months	11.4kg / 25lb	80-95cm
3-6 years	53.5cm chest	95-116cm
6-10 years	58cm chest	140cm

**WARNING!** Do not use if the child can climb out of the cot

**WARNING!** Do not use in combination with other bedding items (e.g. cot duvet)