

GripGrab

SIZE	S/M	L/XL
Chest Cirumference (cm)	84 - 96	96 - 110
Waist Cirumference (cm)	67 - 82	82 - 97

Chest Cirumference: Measure the fullest part around the chest under your arms.

Waist Cirumference: Measure around your natural waistline.

