## HELMET SIZING GUIDE

## HOW TO MEASURE FOR YOUR SIZE:

To determine the correct helmet size, wrap a measuring tape around the head, keeping the tape just above the ears and level front to back. Once you've determined the measurement, you can use the chart here as a guide; however, we recommend that you try helmets on prior to purchase to ensure the bet fit and comfort.

## WHAT IF I HAVE QUESTIONS ABOUT THE FIT OF A HELMET:

If you have questions about fit or condition of your helmet, call our customer service team at (800) 456-2355 or e-mail us at feed-back@giro.com before you ride.

ADULT	IN	CM
Extra Small	20.5 - 21"	52 - 53.5
Small	21 - 21.75"	53.5 - 55.5
Medium	21.75 - 22.5"	55.5 - 57
Large	22.5 - 23"	57 - 59
Extra Large	23 - 23.75"	59 - 60.5
Extra Extra Large	23.75 - 24.5"	60.5 - 62.5

