

MEN

	XS	S	M	MT	L	XL	XLT	XXL	XXXL
Average Height(cm)	5'2"-5'4" (158-163)	5'4"-5'7" (163-170)	5'7"-5'10" (170-178)	6'2"-6'3" (188-191)	5'10"-6'1" (178-186)	6'1"-6'2" (186-188)	6'3"-6'5" (193-197)	6'2"-6'3" (188-191)	6'2"-6'3" (188-191)
Chest (cm)	34"-36" (87-92)	36"-38" (92-97)	38"-40" (97-102)	38"-40" (97-102)	41"-43" (104-109)	44"-46" (112-119)	44"-46" (112-119)	47"-49" (120-125)	50"-52" (127-132)
Waist (cm)	28" (71)	29"-30" (74-76)	31"-33" (79-84)	31"-33" (79-84)	34"-37" (87-94)	38"-40" (97-102)	38"-40" (97-102)	41"-43" (104-109)	44"-45" (112-115)
Inside Leg (cm)	29" (74)	30" (76)	31" (79)	33.5" (86)	32" (81)	33" (84)	35" (89)	33.5" (86)	33.5" (86)

All metric measurements are in cm and have been rounded to the nearest 0.5cm