

## UPPER BODY

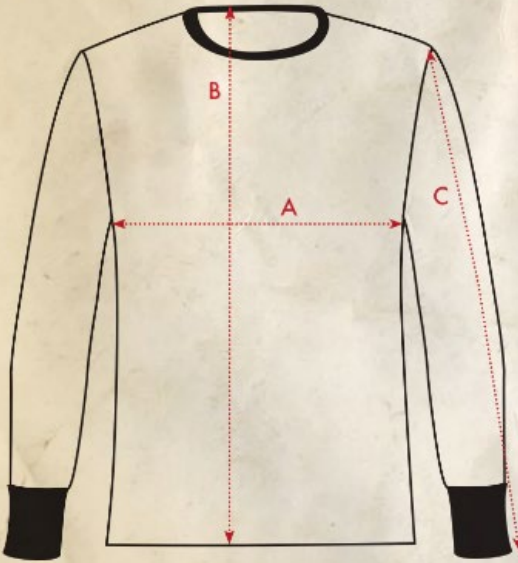


Diagram illustrating the measurement points for a long sleeve t-shirt:

- A (CHEST):** Horizontal measurement across the chest.
- B (LENGTH):** Vertical measurement from the top of the shirt to the bottom hem.
- C (SLEEVE):** Vertical measurement from the shoulder to the cuff.

LONG SLEEVE T-SHIRTS	S	M	L	XL	XXL
A (CHEST)	48cm	50cm	52cm	54cm	56cm
B (LENGTH)	67cm	70cm	72cm	74cm	76cm
C (SLEEVE)	72cm	73cm	74cm	75cm	76cm

## PANTS

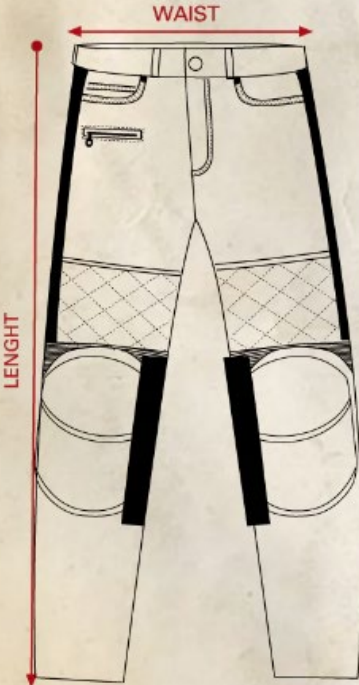


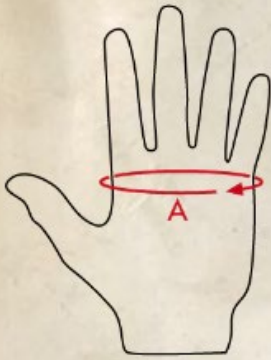
Diagram illustrating the measurement points for pants:

- WAIST:** Horizontal measurement across the waistband.
- LENGTH:** Vertical measurement from the top of the waistband to the bottom hem.


**How to measure the waist:**  
Align the front and the back of the waistband, measure straight on the top and multiply it by 2.

PANTS	28	30	32	34	36	38	40
WAIST	35cm	37cm	40cm	42cm	46cm	50cm	52cm
LENGTH	104cm	104cm	108cm	108cm	108cm	108cm	110cm

## GLOVES

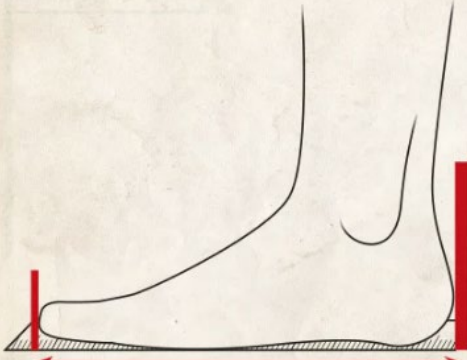


**How to measure the palm:**  
Measure the diameter of your hand by the widest part.



GLOVE	S	M	L	XL
<b>PALM</b>	18-20 cm	20-21cm	21-22cm	22-24cm

## FOOTWEAR



MEASURE THE LENGTH OF YOUR FEET BY PLACING YOUR FEET FLAT ON A RULER, TAKE THE MEASUREMENT IN CM or INCHES. IF THE MEASUREMENT IS HALFWAY BETWEEN SIZES, SELECT THE LARGER SIZE.

LENGHT

PARABOOT	40	41	42	43	44	45	46	47
LENGHT (cm)	25.5cm	26cm	26.5cm	27.5cm	28.5cm	29.5cm	30cm	30.5cm
LENGHT (inches)	10	10.2	10.4	10.8	11.2	11.6	11.8	12

\*Measurements can vary up to 5%