fourth element
EQUIPMENT FOR ADVENTURE

Mens Sizes

Sizes	Height		Chest		Waist		Inside Leg*	
	Inches	Cm	Inches	Cm	Inches	Cm	Inches	Cm
S Short	5'5"-5'8"	165-172.5	34-38"	86-96	27-30.5"	68-78	30-31.5"	76-80
S	5'7"-5'10"	170-178	34-38"	86-96	27-30.5"	68-78	31-32.5"	79-83
M Short	5'7"-5'10"	170-178	38-41.5"	96-106	30.5-34.5"	78-88	31-32.5"	79-83
M	5'9"-6'0"	175.5-183	38-41.5"	96-106	30.5-34.5"	78-88	32.5-34"	82-86
L Short	5'9"-6'0"	175.5-183	41.5-45.5"	106-116	34.5-38.5"	88-98	32.5-34"	82-86
L	5'11"-6'2"	180.5-188	41.5-45.5"	106-116	34.5-38.5"	88-98	33.5-35"	85-89
XL	6'1"-6'4"	185.5-193	45.5-49.5"	116-126	38.5-42.5"	98-108	34.5-36"	88-92
XXL	6'3"-6'6"	190.5-198	49.5-53.5"	126-136	42.5-46.5"	108-118	36-37.5"	91-95
XXXL	6'5"-6'8"	195.5-203	53.5-57.5"	136-146	46.5-50.5"	118-128	37-38.5"	94-98

Please note all womens sizes are in UK sizes. See the chart at the bottom of the page for a comparison reference.

Womens Sizes

Sizes UK	Sizes USA	Height		Chest		Waist		Hips		Inside Leg*	
		Inches	Cm	Inches	Cm	Inches	Cm	Inches	Cm	Inches	Cm
6 Short	4 Short	5'2"-5'5"	157.5-165.5	27-30"	68-76	20-23"	51-59	30-33"	76-84	27-28.5"	69-73
6	4	5'3"-5'6"	160-168	27-30"	68-76	20-23"	51-59	30-33"	76-84	28-29.5"	71-75
8 Short	6 Short	5'3"-5'6"	160-168	29 -32.5"	74-82	22.5-25.5"	57-65	32.5-35.5"	82-90	28-29.5"	71-75
8	6	5'4"-5'7"	162.5-170	29 -32.5"	74-82	22.5-25.5"	57-65	32.5-35.5"	82-90	28.5-30.5"	73-77
10 Short	8 Short	5'4"-5'7"	162.5-170	31.5-34.5"	80-88	25-28"	63-71	34.5-38"	88-96	28.5-30.5"	73-77
10	8	5'5"-5'8"	165-173	31.5-34.5"	80-88	25-28"	63-71	34.5-38"	88-96	29.5-31"	75-79
12	10	5'6"-5'9"	167.5-175	34-37"	86-94	27-30.5"	69-77	37-40"	94-102	30.5-32"	77-81
14	12	5"7"-5'10"	170-178	36-39.5"	92-100	29.5-32.5"	75-83	39.5-42.5"	100-108	31-32.5"	79-83
16	14	5'8"-5'11"	172.5-180	38.5-41.5"	98-106	32-35"	81-89	41.5-45"	106-114	32-33.5"	81-85
18	16	5'8"-5'11"	172.5-180	41-44"	104 -112	34.5-37.5"	87-95	44-47"	112-120	32-33.5"	81-85