fourth element
EQUIPMENT FOR ADVENTURE

Lifestyle Clothing Size Charts

Mens Sizes	Chest (inches)	Chest (cm)
Small	34 - 38"	86 - 96
Medium	38 - 42"	96 - 106
Large	42 - 46"	106 - 116
X Large	46 - 50"	116 - 127
XX Large	50 - 54"	127 - 137

Mens Sizes	Waist (inches)	Waist (cm)
X Small	28"	71
Small	30"	76
Medium	32"	81
Large	34"	86.5
X Large	36"	91.5
XX Large	38"	96.5
XXX Large	40"	102

Womens Sizes	Chest (inches)	Chest (cm)
Size 8	32 - 34"	81.5 - 86.5
Size 10	34 - 36"	86.5 - 91.5
Size 12	36 - 38"	91.5 - 96.5
Size 14	38 - 40"	96.5 - 101.5
Size 16	40 - 42"	101.5 - 106.5
Size 18	42 - 44"	106.5 - 112