

HOW TO MEASURE YOUR BODY

01- COLLAR/NECK

Measure around base of neck.

02- CHEST

Measure around the fullest part of chest, ensuring tape is close under arms.

03- SLEEVE

Measure from the center of the back of collar, across the shoulder, and down the arm to the wrist.

04- WAIST

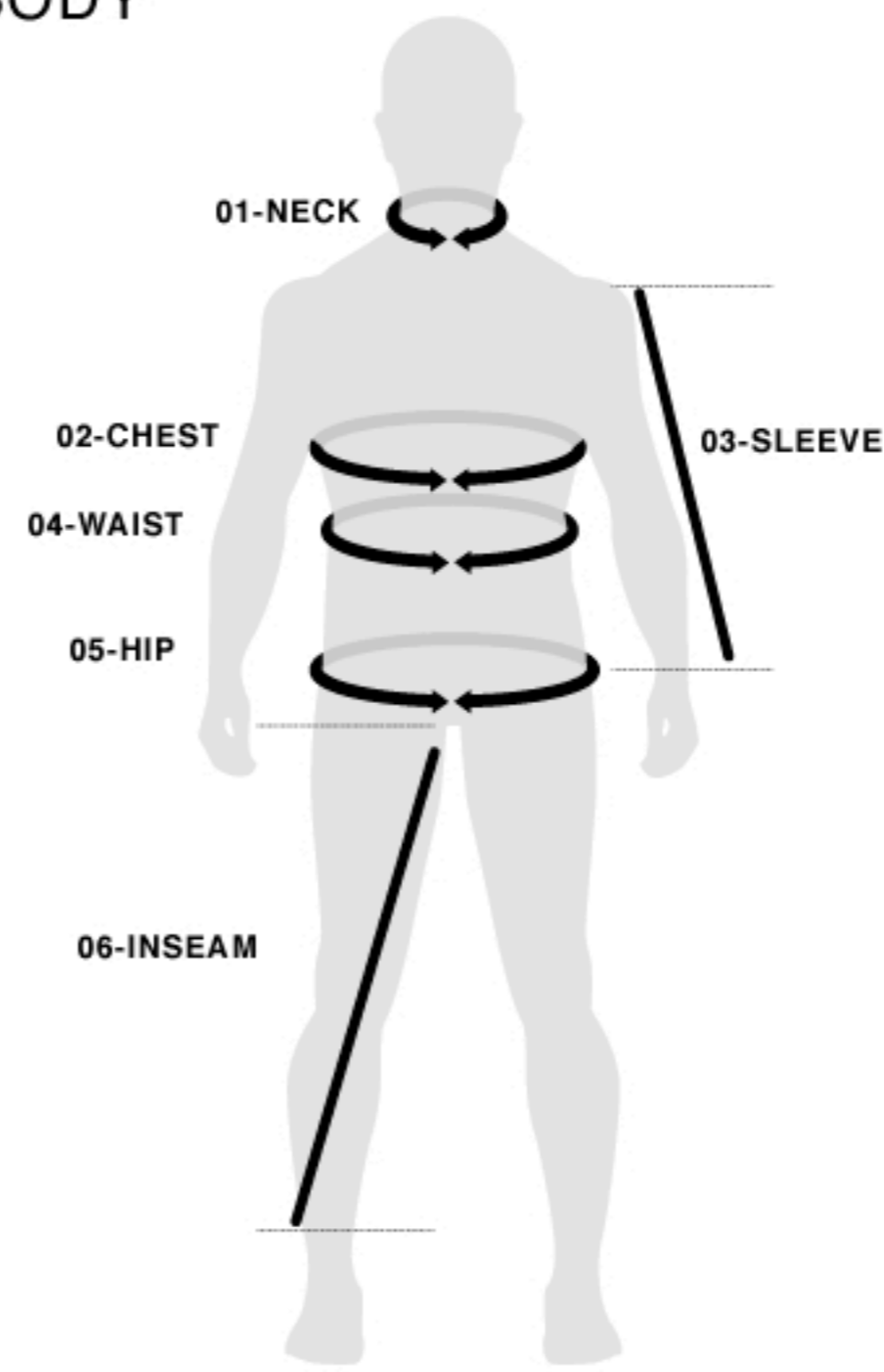
Measure around your waist line at the level where you normally wear your pants.

05- HIP

Measure around the fullest part of your hips.

06- INSEAM

Measure from the top of inside leg at crotch to ankle bone.



MENS TOPS AND OUTERWEAR

SIZE	CHEST (cm)	BODY 1/2 SPAN (cm)	NECK (cm)
XS	89-93	79	36-37
S	94-98	81	38-39
M	99-103	83	40-41
L	104-108	85	42-43
XL	109-113	87	44-45
XXL	114-118	89	46-47
XXXL	119-123	91	48-49

MENS PANTS, SHORTS, AND BOARDSHORTS

SIZE	WAIST (cm)	HIP (cm)	INSEAM (cm & inches)
28/XS	70.5-72.5	90	81.5=32"
30/S	76-78	95	81.5=32"
31/M	78.5-80.5	97.5	81.5=32"
32/M	81-83	100	81.5=32"
33	83.5-85.5	102.5	81.5=32"
34/L	86-88	105	81.5=32"
36/XL	91.5-93.5	110	81.5=32"
38/XXL	96.5-98.5	115	81.5=32"
40/XXXL	102-104	120	81.5=32"
42/XXXXL	107-109	125	81.5=32"

MENS JEANS

SIZE	WAIST (cm)	HIP (cm)	INSEAM (cm & inches)	
28/XS	70.5-72.5	90	81.5=32"	86.5=34"
30/S	76-78	95	81.5=32"	86.5=34"
31/M	78.5-80.5	97.5	81.5=32"	86.5=34"
32/M	81-83	100	81.5=32"	86.5=34"
33	83.5-85.5	102.5	81.5=32"	86.5=34"
34/L	86-88	105	81.5=32"	86.5=34"
36/XL	91.5-93.5	110	81.5=32"	86.5=34"
38/XXL	96.5-98.5	115	81.5=32"	86.5=34"
40/XXXL	102-104	120	81.5=32"	86.5=34"
42/XXXXL	107-109	125	81.5=32"	86.5=34"

MENS FOOTWEAR

SIZE (UK)	SIZE (EU)	SIZE (US)	SIZE (cm)
5	39	6	24.5
6	40	7	25
7	41	8	26
8	42	9	27
9	43	10	28
10	44	11	29
11	45	12	30
12	46	13	31
13	47	14	32

BOYS 8 - 16 YEARS

SIZE			HEIGHT (cm)	CHEST (cm)	WAIST (cm)	HIP (cm)
8	XS	22	130	67.5	60	70.5
10	S	23	140	71	63.5	73.5
12	M	26	152	76	66	78.5
14	L	28	164	83	72	85
16	XL	30	175	90	77	93

BOYS 2 - 7 YEARS

SIZE	HEIGHT (cm)	CHEST (cm)	WAIST (cm)	HIP (cm)
2	91	53	50.5	54
3	98	54.5	52.5	56
4	104	56	54.5	59.5
5	110	58.5	55	61.5
6	116	61	56	63.5
7	122	63.5	57.5	67

BOYS 3 - 24 MONTHS

SIZE	HEIGHT (cm)	CHEST (cm)	WAIST (cm)	HIP (cm)
3-6	68	45.5	46	47
6-12	78	48	50.5	53
12-18	84	50.5	51	52
18-24	91	53	53.5	54.5

BOYS FOOTWEAR

SIZE (UK)	SIZE (EU)	SIZE (US)	SIZE (cm)
10	28	11K	17
11	29	12K	18
11.5	30	12.5K	18.5
12	31	13K	19
13	32	1K	20
1	33	2K	21
2	34	3K	22
2.5	35	3.5K	22.5
3	36	4K	23
5	37	5K	24
4.5	38	5.5K	24.5
5	39	6K	25