

	WAIST	CHEST	HIPS	SLEEVE LENGTH	NECK	INSEAM REGULAR
1X	40-43 (102-109)	46-49 (117-124)	44-46 (112-117)	36 (91)	18-18.5 (46-47)	32 (81)
2X	44-47 (112-119)	50-53 (127-135)	48-50 (122-127)	36.5 (93)	19-19.5 (48-50)	
3X	48-51 (122-130)	54-57 (137-145)	52-54 (132-137)	37 (94)	20-20.5 (51-52)	
4X	51-54 (130-137)	57-60 (145-152)	55-57 (140-145)	37.5 (95)	21-21.5 (53-55)	
5X	55-58 (140-147)	61-64 (155-163)	59-61 (150-155)	38 (97)	22-22.5 (56-57)	
6X	59-62 (150-157)	65-68 (165-173)	63-65 (160-165)	38.5 (98)	23-23.5 (58-60)	

HOW TO MEASURE

- Neck:** Measure at the base or thickest part of your neck.
- Chest/Bust:** Measure at the fullest part of the chest, under the armpits and over the shoulder blades, keeping the tape measure firm and level.
- Waist:** Measure around the natural waistline, allowing the tape measure to sit comfortably.
- Sleeves:** Start at the center back of your neck and measure across the shoulder and down to the wrist. Round up to the next even number.
- Inseam:** Measure from the top of the interior leg to the bottom of the ankle.

