


## HOW CAN I FIND MY SIZE?

Start by measuring below your bust (B), as you can see on the image below. Then use the table to find your size. Some of our sport bras have sizes from 70-95 and some use XS-L sizes, you can easily transform your measurement to both variations by using the chart.

## WHAT IS MY CUP SIZE?

Measure the fullest part of your chest (A). You then deduct the (B) measurement from (A). For example, if your (A) measurement is 90 you then deduct 75 (B) you then get 15cm which means that you should have a B-cup as you can see in the table.



SIZE	B. UNDER BUST (CM)	SIZE	FR	UK US
65	63-67	XXS-XS	80	30
70	68-72	XS-S	85	32
75	73-77	S-M	90	34
80	78-82	M-L	95	36
85	83-87	L-XL	100	38
90	88-92	XL-XXL	105	40

CUP SIZE (A)-(B)cm	A	B	C	D	E	F	G
	12-14	14-16	16-18	18-20	20-22	22-24	26-28

## WHAT SPORTS BRA IS GOOD FOR LARGER BUSTS?

Even if you have small breast you still need to wear a sports bra when working out. There are no muscles in your breast. They're supported only by skin and a network of ligaments. Breast sagging, which is irreversible, occurs when these ligaments are overstretched.

If you have large breasts you need the support of a great sports bra even more. We recommend that you use a high impact sports bra, that is made of tight materials, adjustable and wide shoulders straps helps to create the perfect fit and shaped cups in the sports bra can offer that extra support. We recommend two of our [high impact sports bras](#). Our High Impact sports bra is available in sizes 70-95 and you can choose from B, C, D, E, F and G-cups.