

## SLEEP & LOUGEWEAR INCHES CENTIMETERS

SIZE	WAIST <small>(A)</small>	BUST <small>(B)</small>
XS	62-65	84-86
S	67-70	89-91
M	72-75	94-97
L	77-80	99-102
XL	85-98	107-109

## SLEEP & LOUGEWEAR INCHES CENTIMETERS

SIZE	WAIST <small>(A)</small>	BUST <small>(B)</small>
XS	24.5-25.5	33-34
S	26.5-27.5	35-36
M	28.5-29.5	37-38
L	30.5-31.5	39-40
XL	33.5-34.5	42-43



### HOW TO MEASURE

(A) WAIST: Measure around 5cm below natural waist where the waistband of trousers normally sits on the body.

(B) BUST: Measure under the arms, around the fullest part of the chest.