

Bergans

OF NORWAY

Interval Measurements Lady [revised] in cm

	XS	S	M	L	XL	XXL
A - Body length	157-164	161-168	165-172	169-176	173-178	175-180
B - Chest	78-84	84-91	91-98	98-107	107-117	117-128
C - Waist	62-68	68-75	75-82	82-91	91-103	103-116
D - Hip	90-95	95-100	100-107	107-114	114-123	123-133
E - Inseam	74-77	76-79	78-81	80-83	82-84	83-85

Interval Measurements Men [revised] in cm

	XS	S	M	L	XL	XXL	XXXL
A - Body length	163-171	168-176	173-181	178-186	183-189	186-192	189-195
B - Chest	86-91	91-97	97-104	104-111	111-118	118-126	126-134
C - Waist	73-78	78-84	84-91	91-99	99-108	108-117	117-126
D - Hip	86-91	91-97	97-104	104-111	111-117	117-123	123-129
E - Inseam	75-79	78-82	81-85	84-88	87-90	89-92	91-93

- A - Body height
 - B - Chest: Measured with the arms hanging down by the sides.
 - C - Waist: Measured at the narrowest point.
 - D - Hips: Measured at the widest point
 - E - Leg length: Measured on the inside leg, from the crotch and down to the floor.
- Using your own body measurements, you will see which size is best suited to you, but don't forget to consider whether you prefer tight or loose-fitting garments. Occasionally a garment you have bought won't fit, as you have based your decision on other measurements than those we use in our diagram. We therefore recommend that you always try the garment on first.

Very few people will match the diagram perfectly. Leg length in particular can vary greatly and is difficult to standardise. Several of our trousers are therefore available with short or long trouser legs. To be specific, either 5 cm shorter or 7 cm longer.

