

FOOTWEAR

IT	40	40.5	41	41.5	42	42.5	43	43.5	44	44.5	45	45.5	46
UK	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12
US	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13

BELTS

80cm	85cm	90cm	95cm	100cm	105cm	110cm	120cm
32"	34"	36"	38"	40"	42"	44"	48"

GLOVES

XS	X	M	L	XL	XXL
7.5"	8"	8.5"	9"	9.5"	10"

MEASURING TIPS

Chest:	Measure around the fullest part of your chest, keeping tape firmly under your armpits and around your shoulder blades.
Low Waist:	Measure around your waist, slightly below your natural waist, where you normally wear your trousers.
Hip:	Measure around the fullest part of your hips.
Overarm:	Measure the length of your arm, from nape to low shoulder point, then down to the wrist bone.
Inner Leg:	Measure from crotch to floor without shoes.