HELMETS (measured in cm)

This is how you measure the right size:

Measure your head size at the widest point, so over the ears. In the table below you can see which helmet size is likely to fit. Please note; this is an indication, the helmet sizes differ per brand. A helmet must fit tightly on the head, but must not press painfully. The inner lining of a helmet will lock in after a short wear time, making a helmet more spacious.

Head size	Helmet size	Helmet size children
48	-	YXS
50	-	YS
52	-	YM
53	-	YL
51-52	XXS	-
53-54	XS	-
55-56	S	-
57-58	M	-
59-60		-
61-62	XL	-
63-64	XXL	-