



BC Size and Lift Chart

MODEL	SIZE	HEIGHT	WEIGHT	WAIST RANGE	OVER THE SHOULDER	TOTAL WEIGHT	RELEASABLE WEIGHT	LIFT IN POUNDS	LIFT IN NEWTONS
BLACK ICE	SM/MD	5'4" - 5'11"	145 - 210	33 - 53*	38-48	42/19	32/14.5	52	230
	ML/LG	5'9" - 6'3"	175 - 235	37 - 57*	42-52	42/29	32/14.5	52	230
	XL/XX?	6'0" - 6'7"	195 - 275	41 - 61*	42-52	42/19	32/14.5	52	230