



HOW TO MEASURE

A **Inside Length:**
 Flatten your foot by shifting your weight forward, use a ruler or tape measure to measure your foot (from the heel to the tip of your longest toe).

US SIZE	10	11	12	13	1	2	3	4	5	6	7	8
EURO SIZE	28	29	30.5	32	33	34	35.5	37	38	39	40.5	42
JAPAN SIZE	17.5	18.5	19.5	20	21	21.5	22.5	23	24	25	25.5	26.5
INSIDE LENGTH (CM)	17.5	18.5	19.5	20	21	21.5	22.5	23	24	25	25.5	26.5
INSIDE LENGTH (INCHES)	6.9	7.3	7.7	7.9	8.3	8.5	8.8	9	9.4	9.8	10	10.4