

MEN'S SHIRTS & TOPS SIZING

Product label	XS	S	M	L	XL	2XL	3XL
Chest	83 - 86 cm	87 - 92 cm	93 - 100 cm	101 - 108 cm	109 - 118 cm	119 - 130 cm	131 - 142 cm
Waist	71 - 74 cm	75 - 80 cm	81 - 88 cm	89 - 96 cm	97 - 106 cm	107 - 119 cm	120 - 132 cm
Hip	82 - 85 cm	86 - 91 cm	92 - 99 cm	100 - 107 cm	108 - 116 cm	117 - 125 cm	126 - 135 cm

MEN'S BOTTOMS SIZING

Product label	XS	S	M	L	XL	2XL	3XL
Waist	71 - 74 cm	75 - 80 cm	81 - 88 cm	89 - 96 cm	97 - 106 cm	107 - 119 cm	120 - 132 cm
Hip	82 - 85 cm	86 - 91 cm	92 - 99 cm	100 - 107 cm	108 - 116 cm	117 - 125 cm	126 - 135 cm
Inseam	81 cm	81.5 cm	82 cm	82.5 cm	83cm	82.5cm	82 cm

Product label	26"/XS	28"/XS-S	30"/S	32"/S-M	34"/M	36"/M-L	38"/L	40"/L-XL	42"/XL	44"/XL-2XL	46"/2XL	48"/2XL-3XL	50"/3XL
Waist	28" - 29"	29 1/2" - 30 1/2"	31" - 31 1/2"	32" - 33"	33 1/2" - 34 1/2"	35" - 36"	36 1/2" - 38"	38 1/2" - 40"	40 1/2" - 42"	42 1/2" - 44 1/2"	45" - 47"	47 1/2" - 49 1/2"	48" - 52"
Hip	32 1/2" - 33 1/2"	34" - 34 1/2"	35" - 36"	36 1/2" - 37 1/2"	38" - 39"	39 1/2" - 40 1/2"	41" - 42"	42 1/2" - 44"	44 1/2" - 45 1/2"	46" - 47 1/2"	48" - 49"	49 1/2" - 51"	50" - 53"
Inseam	32"	32"	32"	32"	32"	32 1/2"	32 1/2"	32 1/2"	32 1/2"	32 1/2"	32 1/2"	32 1/2"	32"

TALL/LONG & SHORT SIZES

Tall/ Long sizes are designed for men over 189cm (6'2") and up

Petite/ Short sizes are designed for men up to 175cm (5'9")

INTERNATIONAL CONVERSION

UK	DE	US	FR	IT
30	65	30	80	0
32	70	32	85	1
34	75	34	90	2
36	80	36	95	3
38	85	38	100	4
40	90	40	105	5
42	95	42	110	6
44	100	44	115	7
46	105	46	120	8
48	110	48	125	9
50	115	50	130	10

WOMEN'S TOPS SIZE GUIDANCE

STANDARD

Product label	2XS (0-2)	XS (4-6)	S (8-10)	M (12-14)	L (16-18)	XL (20-22)	2XL (24-26)
BUST	73 - 76cm	77 - 82cm	83 - 88cm	89 - 94cm	95 - 101cm	102 - 109cm	110 - 118cm
Waist	57 - 60cm	61 - 66cm	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95- 104cm
Hip	82 - 85cm	86 - 91cm	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm

INTERNATIONAL CONVERSION (STANDARD)

UK	2XS (0-2)	XS (4-6)	S (8-10)	M (12-14)	L (16-18)	XL (20-22)	2XL (24-26)
US	2XS	XS (0-2)	S (4-6)	M (8-10)	L (12-14)	XL (16-18)	2XL (20)
DE	2XS (26-28)	XS (30-32)	S (34-36)	M (38-40)	L (42-44)	XL (46-48)	2XL (50-52)
FR	2XS (28-30)	XS (32-34)	S (36-38)	M (40-42)	L (44-46)	XL (48-50)	2XL (52-54)
IT	2XS (32-34)	XS (36-38)	S (40-42)	M (44-46)	L (48-50)	XL (52-54)	2XL (56-58)

TALL

Tall sizes are designed for women over 179cm (5'10") and up.

Product label	S Tall	M Tall	L Tall	XL Tall	2XL Tall
BUST	83 - 88cm	89 - 94cm	95 - 101cm	102 - 109cm	110 - 118cm
Waist	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm

PETITE

Petite sizes are designed for women up to 165cm (5'5").

Product label	2XS Petite	XS Petite	S Petite	M Petite	L Petite	XL Petite	2XL Petite
BUST	73 - 76cm	77 - 82cm	83 - 88cm	89 - 94cm	95 - 101cm	102 - 109cm	110 - 118cm
Waist	57 - 60cm	61 - 66cm	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	82 - 85cm	86 - 91cm	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm

PLUS SIZE

Plus size tights, tops and t-shirts in sizes up to 4X.

Product label	1X (20-22)	2X (24-26)	3X (28-30)	4X (32-34)
BUST	104 - 113cm	114 - 123cm	124 - 133cm	134 - 143cm
Waist	89 - 98cm	99 - 108cm	109 - 118cm	119 - 128cm
Hip	111 - 120cm	121 - 130cm	131 - 140cm	141 - 150cm

INTERNATIONAL CONVERSION (PLUS SIZE)

UK	1X (20-22)	2X (24-26)	3X (28-30)	4X (32-34)
US	1X (14W - 16W)	2X (18W - 20W)	3X (22W - 24W)	4X (26W - 28W)
DE	1X (46-48)	2X (50-52)	3X (54-56)	4X (58-60)
FR	1X (48-50)	2X (52-54)	3X (56-58)	4X (60-62)
IT	1X (52-54)	2X (56-58)	3X (60-62)	4X (64-66)

MATERNITY

Product label	2XS (26-28)	XS (30-32)	S (34-36)	M (38-40)	L (42-44)	XL (46-48)	XXL (50-52)
BUST	73 - 76cm	77 - 82cm	83 - 88cm	89 - 94cm	95 - 101cm	102 - 109cm	110 - 118cm
Waist (Pre-Pregnancy)	57 - 60cm	61 - 66cm	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	82 - 85cm	86 - 91cm	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm

WOMEN'S BOTTOMS SIZE GUIDANCE

STANDARD

Product label	2XS (0-2)	XS (4-6)	S (8-10)	M (12-14)	L (16-18)	XL (20-22)	2XL (24-26)
Waist	57 - 60cm	61 - 66cm	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	82 - 85cm	86 - 91cm	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm
Inseam	77.5cm	78cm	78.5cm	79cm	79.5cm	80cm	80.5cm

INTERNATIONAL CONVERSION (STANDARD)

UK	2XS (0-2)	XS (4-6)	S (8-10)	M (12-14)	L (16-18)	XL (20-22)	2XL (24-26)
US	2XS	XS (0-2)	S (4-6)	M (8-10)	L (12-14)	XL (16-18)	2XL (20)
DE	2XS (26-28)	XS (30-32)	S (34-36)	M (38-40)	L (42-44)	XL (46-48)	2XL (50-52)
FR	2XS (28-30)	XS (32-34)	S (36-38)	M (40-42)	L (44-46)	XL (48-50)	2XL (52-54)
IT	2XS (32-34)	XS (36-38)	S (40-42)	M (44-46)	L (48-50)	XL (52-54)	2XL (56-58)

TALL

Tall sizes are designed for women over 179cm (5'10") and up.

Product label	S Tall	M Tall	L Tall	XL Tall	2XL Tall
Waist	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm
Inseam	83.5cm	84cm	84.5cm	85cm	85.5cm

PETITE

Petite sizes are designed for women up to 165cm (5'5").

Product label	2XS Petite	XS Petite	S Petite	M Petite	L Petite	XL Petite	2XL Petite
Waist	57 - 60cm	61 - 66cm	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	82 - 85cm	86 - 91cm	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm
Inseam	72.5cm	73cm	73.5cm	74cm	74.5cm	75cm	75.5cm

PLUS SIZE

Plus size tights, tops and t-shirts in sizes up to 4X.

Product label	1X (20-22)	2X (24-26)	3X (28-30)	4X (32-34)
Waist	89 - 98cm	99 - 108cm	109 - 118cm	119 - 128cm
Hip	111 - 120cm	121 - 130cm	131 - 140cm	141 - 150cm
Inseam	78cm	78cm	77cm	76cm

INTERNATIONAL CONVERSION (PLUS SIZE)

UK	1X (20-22)	2X (24-26)	3X (28-30)	4X (32-34)
US	1X (14W - 16W)	2X (18W - 20W)	3X (22W - 24W)	4X (26W - 28W)
DE	1X (46-48)	2X (50-52)	3X (54-56)	4X (58-60)
FR	1X (48-50)	2X (52-54)	3X (56-58)	4X (60-62)
IT	1X (52-54)	2X (56-58)	3X (60-62)	4X (64-66)

MATERNITY

Product label	2XS (26-28)	XS (30-32)	S (34-36)	M (38-40)	L (42-44)	XL (46-48)	XXL (50-52)
Waist (Pre-Pregnancy)	57 - 60cm	61 - 66cm	67 - 72cm	73 - 78cm	79 - 85cm	86 - 94cm	95 - 104cm
Hip	82 - 85cm	86 - 91cm	92 - 97cm	98 - 103cm	104 - 110cm	111 - 117cm	118 - 125cm
Inseam	77.5cm	78cm	78.5cm	79cm	79.5cm	80cm	80.5cm

BABIES & TODDLERS

Boys and girls age 0 -3 years.

Product label	0 Months 56	0-3 Months 62	3-6 Months 68	6-9 Months 74	9-12 Months 80	12-18 Months 86	1-2 years 92	2-3 years 98
HEIGHT	51 - 56 cm	57 - 62 cm	63 - 68 cm	69 - 74 cm	75 - 80 cm	81 - 86 cm	87 - 92 cm	93 - 98 cm
Chest	38.5 cm	43 cm	45.5 cm	47 cm	49.5 cm	51 cm	52.5 cm	54.5 cm
Waist	38.5 cm	43 cm	45 cm	46.5 cm	49 cm	50 cm	50.5 cm	52.5 cm
Hip	37 cm	42 cm	45 cm	47.5 cm	50 cm	51.5 cm	53 cm	56 cm
Inseam	19.1 cm	21.75 cm	24.25 cm	27 cm	31.12 cm	34.5 cm	38 cm	41 cm

CHILDREN

Boys and girls age 4 -7 years.

Product label	3-4 years 104	4-5 years 110	5-6 years 116	6-7 years 122
HEIGHT	39 - 41"	41.5 - 43.5"	44 - 45.5"	46 - 48"
Chest	22"	23"	24"	24.5"
Waist	21"	21.5"	22"	22.5"
Hip	23.5"	24.5"	25"	26"
Inseam	18"	19.5"	20.5"	22"

YOUTH & TEENS

Boys and girls age 8-16 years.

Product label	7-8 years 128	8-9 years 134	9-10 years 140	10-11 years 146	11-12 years 152	12-13 years 158	13-14 years 164	14-15 years 170	15-16 years 176
HEIGHT	123 - 128 cm	129 - 134 cm	135 - 140 cm	141 - 146 cm	147 - 152 cm	153 - 158 cm	159 - 164 cm	165 - 170 cm	171 - 176 cm
Chest	64 cm	67.5 cm	71 cm	74.5 cm	78 cm	82 cm	86 cm	89 cm	91.5 cm
Waist	59 cm	61.5 cm	63.5 cm	66 cm	68 cm	70.5 cm	73 cm	74.5 cm	76.5 cm
Hip	68 cm	71 cm	74.5 cm	77.5 cm	81 cm	85 cm	89 cm	91.5 cm	94 cm
Inseam	59.5 cm	62 cm	65 cm	68 cm	70.5 cm	73.5 cm	76.5 cm	79 cm	82 cm

SWIMWEAR ALL AGES

ALPHA SIZING	XXS	XXS/XS	XS	XS/S	S	S/M	M	M/L	L	L/XL	XL
SPORT SIZING	0	1	2	3	4	5	6	7	8	9	10
INCH SIZES	22	24	26	28	30	32;	34	36	38	40	42
NUMERIC SIZING	38	40	42	44	46	48	50	52	54	56	58
SPAIN	000	00	0	1	2	3	4	5	6	7	8