

Sizing



FOREARM

With your arm slightly flexed, measure the fullest part of your forearm, typically midway between your wrist and elbow.



SIZE	S	M	L	XL
Measure around elbow	8-9.5" 20-24 cm	9.5-11" 24-28 cm	11-12.5" 28-32 cm	12.5-14" 32-36 cm