

Sizing



WAIST

With your arm slightly flexed, measure the fullest part of your forearm, typically midway between your wrist and elbow.



SIZE	S	M	L	XL	XXL
Men's waist size	71-76 cm 28-30"	76-86 cm 30-34"	86-97 cm 34-38"	97-107 cm 38-42"	107-117 cm 42-46"