

FOREARM

With your arm slightly flexed, measure the fullest part of your forearm, typically midway between your wrist and elbow.



SIZE	XS	S	М	L	XL	XXL
Measure around	-18 cm	18-21 cm	22-25 cm	26-27 cm	28-31 cm	+31 cm
elbow	<i>-T</i> *	<i>7-9*</i>	9-10"	10-11"	11-12"	+12 ⁻