

Size

Knee circumference:

YOUTH10-13"
25.4-33 cm**S**13-14.5"
33-36.8 cm**M**14.5-15.5"
36.8-39.4 cm**L**15.5-16.5"
39.4-41.9 cm**XL**16.5-18.5"
41.9-47 cm**KNEE**

Slightly bend your leg and measure knee circumference directly over the patella (kneecap).