

MEASURING GUIDE:

CHEST: Measure around the fullest part, across chest points (keeping the tape horizontal).

WAIST: Measure around the narrowest part, typically the small of your back and where your body

HIPS: Measure around the fullest part of your hips (keeping the tape horizontal).

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for chest and waist correspond to two different suggested sizes, order the size indicated by your chest measurement.

WOMEN'S TOP	S	M	L	XL
CHEST(cm)	83-90	90-97	97-104	104-114
WAIST(cm)	67-74	74-81	81-88	88-98
HIP(cm)	91-98	98-105	105-112	112-120

WOMEN'S BOTTOM	S	M	L	XL
WAIST(cm)	67-74	74-81	81-88	88-98
HIP(cm)	91-98	98-105	105-112	112-120

WOMEN'S G&H T-SHIRT	XS	S	M	L	XL
LENGTH(cm)		60	61	62	63
CHEST(cm)		78	82	86	90
HEM(cm)		72	80	84	88

WOMEN'S G&H TANK TOP	S	M	L	XL
LENGTH(cm)	62	63	64	65
CHEST(cm)	86	90	94	98
HEM(cm)	102	106	110	114

WOMEN'S G&H CROP TOP	S	M	L	XL
LENGTH(cm)	25.5	26	26.5	27
CHEST(cm)	98	102	106	110
HEM(cm)	99	103	107	111

WOMEN'S G&H CURVED HEM SHORTS	XS	S	M	L	XL
HIP(cm)	100	104	108	112	116
WAIST(cm)	70	72	74	76	78

WOMEN'S G&H FASHION SHORTS	S	M	L	XL
WAIST(cm)	64	68	72	76
HIP(cm)	84	88	92	96
HEM(cm)	53	56	59	62
LENGTH(cm)	56	60	64	68

WOMEN'S LEGGINGS	S	M	L	XL
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WAIST(cm)	70	75	80	85
HIP(cm)	72	77	82	87
THIGH(cm)	47.5	50	52.5	55.5

WOMEN'S SWEATSHIRT	S	M	L	XL
LENGTH FROM SHOULDER (cm)	110	112	114	116
CHEST(cm)	96	100	104	108
HEM(cm)	88	92	96	100

WOMEN'S T-SHIRT	S	M	L	XL
LENGTH FROM HIPS (cm)	60	61	62	63
CHEST(cm)	78	82	86	90

